

# Overall Results, 2010 Twin Falls Triathlon

Saturday, July 17, 2010

Twin Falls, ID

## Olympic Triathlon

Pl.	Bib	Name		Location		Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
<b>Men</b>																	
1	65	JARROD	MORRISON	MERIDIAN	ID	1	M36-45 -	2:22:28.996	22:01.488	35:26.729	1:20.438	1:06:50.303	2:41.349	59.593	51:17.174	8:15.223	-
2	47	HANNES	ACHHORNER	KETCHUM	ID	2	M26-35 -	2:23:54.968	26:15.155	42:14.966	2:17.658	1:09:41.791	2:48.249	48.552	44:51.812	7:13.205	-
3	66	GREG	PAULSON	TWIN FALLS	ID	3	M36-45 -	2:26:20.784	25:48.005	41:31.273	1:25.726	1:08:43.942	2:45.921	52.617	49:30.494	7:58.055	-
<b>Women</b>																	
1	48	AYTREE	BLALOCK	BOISE	ID	6	F25-35 -	2:34:54.114	26:02.451	41:54.521	1:31.490	1:18:38.668	3:09.849	57.567	47:43.938	7:40.906	-
2	68	HEATHER	RAMSDELL	TWIN FALLS	ID	14	F25-35 -	2:53:28.902	26:44.122	43:01.584	1:22.698	1:27:23.142	3:30.950	1:23.904	56:35.036	9:06.378	-
3	70	CANDICE	RODERICK	JIGGS	NV	20	F25-35 -	3:04:06.001	30:42.861	49:25.797	2:55.466	1:30:45.921	3:39.109	1:17.240	58:24.513	9:23.997	-

# Sprint Triathlon

Pl.	Bib	Name		Location		Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
<b>Men</b>																	
1	89	MATT	TYRELL	POCATELLO	ID	1	M26-35 -	1:40:07.469	17:03.493	34:06.986	52.244	42:09.843	2:27.944	1:10.318	38:51.571	8:38.127	-
2	20	KEVIN	JONES	KETCHUM	ID	2	M18-25 -	1:41:27.944	13:52.234	27:44.468	1:08.789	48:40.320	2:50.779	1:03.220	36:43.381	8:09.640	-
3	2	CHARD	BERNDT	FILER	ID	3	M36-45 -	1:41:45.472	19:06.577	38:13.154	1:51.630	49:38.660	2:54.191	1:02.534	30:06.071	6:41.349	-
<b>Women</b>																	
1	8	MACKENZIE	CHOJNACKY	JEROME	ID	6	F17- -	1:46:15.304	14:58.415	29:56.830	1:27.420	55:58.026	3:16.376	54.994	32:56.449	7:19.211	-
2	11	GINA	DARRINGTON	DECLO	ID	20	F36-45 -	2:01:40.476	15:38.622	31:17.244	2:20.373	56:51.005	3:19.474	1:28.021	45:22.455	10:04.990	-
3	81	LISA	LATSHAW	TWIN FALLS	ID	21	F46-54 -	2:01:54.868	16:53.317	33:46.634	2:06.657	58:53.486	3:26.637	1:39.015	42:22.393	9:24.976	-

# Team Olympic Triathlon

Pl.	Bib	Name	Location	Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
<b>Co-ed</b>															
1	201	BRILES KRAMER EHLER		1	Co-ed 1	2:42:02.976	30:00.815	48:18.131	52.345	1:09:35.820	2:48.008	38.748	1:00:55.248	9:48.255	-

# Team Sprint Triathlon

Pl.	Bib	Name	Location	Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
<b>Co-ed</b>															
1	202	DOWAN HILL		1	Co-ed 1	1:52:22.835	14:08.705	28:17.410	1:38.725	52:53.671	3:05.595	34.743	43:06.991	9:34.887	-
2	44	LISK WARK		2	Co-ed 2	2:02:06.927	16:22.680	32:45.360	2:50.215	57:02.105	3:20.123	2:01.340	43:50.587	9:44.575	-
3	45	ROEMER		4	Co-ed 3	2:18:46.077	23:57.314	47:54.628	52.244	1:17:41.900	4:32.626	30.468	35:44.151	7:56.478	-
<b>Men</b>															
1	46	TEAM BARR		3	Men 1	2:04:41.097	17:27.870	34:55.740	4:12.328	1:06:21.232	3:52.821	41.005	35:58.662	7:59.703	-
<b>Women</b>															
1	43	K-2 SOLE SISTERS		5	Women 1	2:30:22.448	23:33.124	47:06.248	41.720	1:11:24.689	4:10.567	43.223	53:59.692	11:59.932	-

# Age Group Results, 2010 Twin Falls Triathlon

Saturday, July 17, 2010

Twin Falls, ID

## Olympic Triathlon

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
<b>MEN 17 AND UNDER</b>													
1	87	MAX	JONES	HAILEY	ID	M 12	2:52:32.777	21:29.619	2:00.897	1:22:41.398	1:35.232	1:04:45.631	-
2	72	PARKER	TWISS	TWIN FALLS	ID	M 16	3:02:22.705	21:21.362	2:13.371	1:27:25.200	2:25.811	1:08:56.961	-
3	56	CODY	HANSEN	DECLO	ID	M 25	3:54:52.593	33:18.762	2:55.195	1:51:49.235	1:46.294	1:25:03.107	-
4	55	CANON	HANSEN	DECLO	ID	M 26	3:54:52.928	30:33.680	3:22.046	1:51:43.929	3:13.787	1:25:59.486	-
<b>MEN 18 - 25</b>													
1	49	JACOB	CARROLL	BOISE	ID	M 4	2:29:45.004	22:59.132	1:36.402	1:11:20.757	1:30.345	52:18.368	-
2	61	BRENDAN	MANLEY-BRYANT	MOUNTAIN HOME	ID	M 23	3:26:08.177	40:02.828	-	1:27:32.888	1:27.785	1:17:04.676	-
<b>MEN 26 - 35</b>													
-	47	HANNES	ACHHORNER	KETCHUM	ID	M 2	2:23:54.968	26:15.155	2:17.658	1:09:41.791	48.552	44:51.812	-
1	59	TYLER	HANSEN	BOISE	ID	M 5	2:33:13.438	28:57.223	47.171	1:10:55.155	43.626	51:50.263	-
2	71	SAMUEL	ROUNDY	TWIN FALLS	ID	M 6	2:35:01.490	30:44.441	2:09.165	1:10:32.594	1:47.698	49:47.592	-
3	69	SEAN	RASMUSSEN	BOISE	ID	M 7	2:37:51.941	31:23.273	2:08.025	1:11:05.149	1:07.241	52:08.253	-
4	85	TODD	LICKLEY	TWIN FALLS	ID	M 8	2:38:28.136	27:25.426	1:46.529	1:11:30.933	1:05.054	56:40.194	-
5	92	RYAN	FRANKLIN	FILER	ID	M 9	2:41:35.443	23:08.682	1:21.286	1:15:50.763	38.189	1:00:36.523	-
6	67	SAM	PETERSON	POCATELLO	ID	M 17	3:02:28.881	32:15.448	4:52.145	1:27:38.489	2:04.084	55:38.715	-
7	73	JONATHAN	WALSH	TWIN FALLS	ID	M 18	3:05:53.024	41:19.843	-	1:21:58.084	2:06.900	1:00:28.197	-
8	53	JON	GARDUNIA	TWIN FALLS	ID	M 19	3:06:56.333	34:38.597	2:20.948	1:24:02.938	1:53.970	1:03:59.880	-
9	60	TYLER	LARSEN	TWIN FALLS	ID	M 20	3:13:25.397	37:27.153	2:36.135	1:23:11.712	1:37.513	1:08:32.884	-
<b>MEN 36 - 45</b>													
-	65	JARROD	MORRISON	MERIDIAN	ID	M 1	2:22:28.996	22:01.488	1:20.438	1:06:50.303	59.593	51:17.174	-
-	66	GREG	PAULSON	TWIN FALLS	ID	M 3	2:26:20.784	25:48.005	1:25.726	1:08:43.942	52.617	49:30.494	-
1	51	KEVIN	DODSON	MERIDIAN	ID	M 13	2:53:29.701	31:09.943	1:52.533	1:20:12.093	58.198	59:16.934	-
2	58	LYNN	HANSEN	DECLO	ID	M 24	3:28:43.490	29:21.090	2:55.326	1:28:07.263	2:44.960	1:25:34.851	-
-	84	JOHN	TWISS	TWIN FALLS	ID	M -	-	22:36.837	1:56.806	1:20:35.824	-	-	DNF

# Olympic Triathlon

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
<b>MEN 46 - 54</b>													
1	50	TIM	CARROLL	TWIN FALLS	ID	M 10	2:41:38.724	23:35.613	1:54.764	1:15:26.949	1:40.587	59:00.811	-
2	88	MARK	EHLERS	TWIN FALLS	ID	M 11	2:44:11.018	29:18.302	1:54.047	1:16:35.439	1:16.671	55:06.559	-
3	62	CURTIS	MARTIN	KETCHUM	ID	M 14	2:57:23.138	29:57.809	2:27.007	1:20:41.278	1:07.252	1:03:09.792	-
4	91	GARY	HOLLOWAY	BOISE	ID	M 15	2:59:24.967	33:27.062	1:50.280	1:20:52.382	1:27.045	1:01:48.198	-
5	63	GREGG	MCCULLOCH	BOISE	ID	M 21	3:16:44.879	31:05.963	1:53.351	1:31:17.323	1:45.262	1:10:42.980	-
6	86	GLENN	ROBINETTE	MERIDIAN	ID	M 22	3:18:54.587	36:30.617	1:56.390	1:32:06.410	1:28.210	1:06:52.960	-

# Olympic Triathlon

Pl.	Bib	Name		Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty
<b>WOMEN 25 - 35</b>													
-	48	AYTREE	BLALOCK	BOISE	ID	F 1	2:34:54.114	26:02.451	1:31.490	1:18:38.668	57.567	47:43.938	-
-	68	HEATHER	RAMSDELL	TWIN FALLS	ID	F 2	2:53:28.902	26:44.122	1:22.698	1:27:23.142	1:23.904	56:35.036	-
-	70	CANDICE	RODERICK	JIGGS	NV	F 3	3:04:06.001	30:42.861	2:55.466	1:30:45.921	1:17.240	58:24.513	-

## WOMEN 36 - 45

1	57	KRISTINE	HANSEN	DECLO	ID	F 4	3:54:52.799	33:28.083	2:03.427	1:50:12.083	3:08.801	1:26:00.405	-
---	----	----------	--------	-------	----	-----	-------------	-----------	----------	-------------	----------	-------------	---

# Sprint Triathlon

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
<b>MEN 17 AND UNDER</b>													
1	23	MARCUS	KO	TWIN FALLS	ID	M 22	2:07:19.927	23:45.922	2:25.563	57:29.157	1:46.555	41:52.730	-
<b>MEN 18 - 25</b>													
-	20	KEVIN	JONES	KETCHUM	ID	M 2	1:41:27.944	13:52.234	1:08.789	48:40.320	1:03.220	36:43.381	-
1	16	JOHN	GROAT	MOUNTAIN HOME	ID	M 5	1:44:08.347	16:33.100	1:33.703	51:19.788	23.790	34:17.966	-
2	82	STEVEN	YUNG	KIMBERLY	ID	M 7	1:49:10.977	20:40.256	2:43.805	54:42.472	26.490	30:37.954	-
3	6	TUCKER	BRAUER	TWIN FALLS	ID	M 8	1:49:53.672	15:07.043	1:51.386	55:32.321	55.105	36:27.817	-
4	80	ZACH	WAYNETSKA	PAYETTE	ID	M 9	1:50:36.000	19:17.465	1:35.974	54:10.561	1:31.087	34:00.913	-
5	3	HAYDEN	BLAIR	TWIN FALLS	ID	M 20	2:05:05.609	21:04.003	1:51.896	57:35.658	40.795	43:53.257	-
6	93	STEVEN	BURGESS	TWIN FALLS	ID	M 27	2:37:00.694	16:46.722	4:14.176	1:24:36.589	51.992	50:31.215	-
<b>MEN 26 - 35</b>													
-	89	MATT	TYRELL	POCATELLO	ID	M 1	1:40:07.469	17:03.493	52.244	42:09.843	1:10.318	38:51.571	-
1	41	BRANDON	WILCOX	RUPERT	ID	M 11	1:54:42.989	20:43.558	2:22.180	49:09.647	1:21.532	41:06.072	-
2	33	JEFF	TINGEY	CHUBBUCK	ID	M 14	1:56:23.921	18:14.751	2:18.787	54:22.462	1:25.889	40:02.032	-
3	7	NATE	CAMPBELL	TWIN FALLS	ID	M 15	1:57:34.133	20:35.726	2:16.179	57:36.205	2:09.522	34:56.501	-
4	42	CHAD	WRIGHT	MERIDIAN	ID	M 17	1:58:12.646	17:32.039	2:16.003	1:00:52.863	1:04.877	36:26.864	-
5	9	NEIL	CHRISTENSEN	TWIN FALLS	ID	M 24	2:09:49.014	21:48.264	3:36.447	54:41.442	1:16.379	48:26.482	-
6	21	JERRY	KEY	MERIDIAN	ID	M 26	2:23:39.756	21:30.585	4:01.453	1:05:45.551	2:45.369	49:36.798	-
7	31	RICHARD	PICKERS	KIMBERLY	ID	M 28	2:39:49.810	19:27.125	2:03.014	1:22:09.509	1:22.456	54:47.706	-
<b>MEN 36 - 45</b>													
-	2	CHARD	BERNDT	FILER	ID	M 3	1:41:45.472	19:06.577	1:51.630	49:38.660	1:02.534	30:06.071	-
1	90	MATT	GARRISON	POCATELLO	ID	M 4	1:44:08.265	20:21.233	1:40.357	45:30.347	58.250	35:38.078	-
2	30	SHAWN	NARUM	TWIN FALLS	ID	M 6	1:46:58.438	15:29.835	1:39.694	53:07.253	57.864	35:43.792	-
3	18	RON	HAHN	KIMBERLY	ID	M 12	1:55:31.781	15:43.789	2:25.114	59:05.216	45.646	37:32.016	-
4	83	SCOTT	SCHOLLES	TWIN FALLS	ID	M 13	1:55:55.351	15:00.164	1:21.741	51:42.859	1:19.261	46:31.326	-
5	39	GEORGE	WIDENOR	MERIDIAN	ID	M 16	1:57:58.671	16:05.574	2:02.921	56:22.505	1:26.154	42:01.517	-
6	26	GREGORY	KRONENBERG	ELKO	NV	M 18	2:00:08.142	17:36.001	2:50.669	54:39.330	1:47.157	43:14.985	-
7	12	BRIAN	DAVIS	WILDER	ID	M 19	2:03:14.365	23:30.518	2:16.743	55:59.535	1:46.969	39:40.600	-
8	36	BRIAN	TUREMAN	TWIN FALLS	ID	M 25	2:12:06.000	21:18.833	-	58:58.657	-	53:04.889	-

## Sprint Triathlon

Pl.	Bib	Name		Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty
<b>MEN 46 - 54</b>													
1	24	TAK-MING	KO	TWIN FALLS	ID	M 10	1:51:07.251	18:19.757	2:42.737	49:44.564	1:32.397	38:47.796	-
2	10	SCOTT	COATS	RUPERT	ID	M 23	2:07:56.233	20:47.468	2:33.515	1:01:26.861	2:33.710	40:34.679	-
<b>MEN 55 AND UP</b>													
1	1	MICHAEL	BENNETT	BOISE	ID	M 21	2:07:09.453	14:50.890	1:16.973	55:24.091	1:49.038	53:48.461	-

# Sprint Triathlon

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
<b>WOMEN 17 AND UNDER</b>													
-	8	MACKENZIE	CHOJNACKY	JEROME	ID	F 1	1:46:15.304	14:58.415	1:27.420	55:58.026	54.994	32:56.449	-
<b>WOMEN 18 - 25</b>													
1	5	KAILEY	BORCHARDT	TWIN FALLS	ID	F 12	2:17:17.507	16:33.853	2:32.650	1:10:17.608	1:15.169	46:38.227	-
2	19	CARIN	HOWARD	BOISE	ID	F 19	3:00:25.261	20:46.405	4:20.330	1:41:16.844	9:09.035	44:52.647	-
3	38	ELIZABETH	WEST	BOISE	ID	F 20	3:00:25.512	25:41.898	2:19.134	1:46:43.542	48.126	44:52.812	-
<b>WOMEN 26 - 35</b>													
1	37	NICOLE	WARK	KETCHUM	ID	F 4	2:02:06.842	16:29.437	2:42.953	56:51.610	2:12.038	43:50.804	-
2	64	LUCIA	MCLAUGHLIN	BOISE	ID	F 5	2:02:32.724	17:58.614	1:56.543	59:35.043	5:16.812	37:45.712	-
3	27	SANDY	LETZING	SUN VALLEY	ID	F 9	2:14:43.632	18:26.186	2:03.638	1:03:13.438	55.636	50:04.734	-
4	15	MIRANDA	GIBSON	BURLEY	ID	F 10	2:16:08.078	26:56.525	1:57.727	58:20.093	1:19.449	47:34.284	-
5	28	HEATHER	MCGRIFF MEEKS	BOISE	ID	F 13	2:23:39.780	21:30.648	3:59.666	1:05:50.868	2:41.263	49:37.335	-
6	14	CASSANDRA	FOLKMAN	EMMETT	ID	F 18	2:47:16.491	21:03.045	4:03.764	1:26:41.666	1:49.998	53:38.018	-
<b>WOMEN 36 - 45</b>													
-	11	GINA	DARRINGTON	DECLO	ID	F 2	2:01:40.476	15:38.622	2:20.373	56:51.005	1:28.021	45:22.455	-
1	13	SARAH	DEALBA	BOISE	ID	F 6	2:03:44.996	20:43.144	2:06.267	59:10.066	1:18.714	40:26.805	-
2	52	CAROLINE	FAURE	POCATELLO	ID	F 7	2:05:58.468	13:55.968	1:38.719	57:17.318	57.885	52:08.578	-
3	25	HEATHER	KOHRING	TWIN FALLS	ID	F 8	2:05:58.738	16:29.767	2:12.793	56:37.440	1:55.772	48:42.966	-
4	32	KATHY	STARMAN	BOISE	ID	F 15	2:24:46.131	16:38.016	2:48.300	1:06:35.897	1:03.721	57:40.197	-
5	34	KIMBERLY	TOWER	BOISE	ID	F 16	2:27:11.175	24:30.607	2:28.271	1:03:32.052	2:13.783	54:26.462	-
6	40	LAURA	WIDENOR	MERIDIAN	ID	F 17	2:33:47.061	21:50.898	3:26.924	1:05:28.898	2:27.281	1:00:33.060	-
<b>WOMEN 46 - 54</b>													
-	81	LISA	LATSHAW	TWIN FALLS	ID	F 3	2:01:54.868	16:53.317	2:06.657	58:53.486	1:39.015	42:22.393	-
1	4	RENEE	BOBROWSKI	BOISE	ID	F 11	2:17:01.236	22:18.358	3:08.992	1:01:27.426	1:50.237	48:16.223	-
2	35	ALICE	TRABERT	TWIN FALLS	ID	F 14	2:24:26.017	23:36.076	3:34.339	1:02:29.590	2:37.003	52:09.009	-

# Full Results, 2010 Twin Falls Triathlon

Saturday, July 17, 2010

Twin Falls, ID

## Olympic Triathlon

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	65	Jarrod Morrison	Meridian	ID M 1	M36-45 -	2:22:28.996	22:01.488	35:26.729	1:20.438	1:06:50.303	2:41.349	59.593	51:17.174	8:15.223	-
2	47	Hannes Achthorner	Ketchum	ID M 2	M26-35 -	2:23:54.968	26:15.155	42:14.966	2:17.658	1:09:41.791	2:48.249	48.552	44:51.812	7:13.205	-
3	66	Greg Paulson	Twin Falls	ID M 3	M36-45 -	2:26:20.784	25:48.005	41:31.273	1:25.726	1:08:43.942	2:45.921	52.617	49:30.494	7:58.055	-
4	49	Jacob Carroll	Boise	ID M 4	M18-25 1	2:29:45.004	22:59.132	36:59.498	1:36.402	1:11:20.757	2:52.230	1:30.345	52:18.368	8:25.071	-
5	59	Tyler Hansen	Boise	ID M 5	M26-35 1	2:33:13.438	28:57.223	46:35.789	47.171	1:10:55.155	2:51.200	43.626	51:50.263	8:20.548	-
6	48	Aytrey Blalock	Boise	ID F 1	F25-35 -	2:34:54.114	26:02.451	41:54.521	1:31.490	1:18:38.668	3:09.849	57.567	47:43.938	7:40.906	-
7	71	samuel roundy	twin falls	ID M 6	M26-35 2	2:35:01.490	30:44.441	49:28.340	2:09.165	1:10:32.594	2:50.292	1:47.698	49:47.592	8:00.806	-
8	69	Sean Rasmussen	Boise	ID M 7	M26-35 3	2:37:51.941	31:23.273	50:30.834	2:08.025	1:11:05.149	2:51.602	1:07.241	52:08.253	8:23.444	-
9	85	Todd Lickley	Twin Falls	ID M 8	M26-35 4	2:38:28.136	27:25.426	44:08.056	1:46.529	1:11:30.933	2:52.640	1:05.054	56:40.194	9:07.208	-
10	92	Ryan franklin	Filer	ID M 9	M26-35 5	2:41:35.443	23:08.682	37:14.867	1:21.286	1:15:50.763	3:03.094	38.189	1:00:36.523	9:45.242	-
11	50	Tim Carroll	Twin Falls	ID M 10	M46-54 1	2:41:38.724	23:35.613	37:58.208	1:54.764	1:15:26.949	3:02.135	1:40.587	59:00.811	9:29.838	-
12	88	Mark Ehlers	Twin Falls	ID M 11	M46-54 2	2:44:11.018	29:18.302	47:09.713	1:54.047	1:16:35.439	3:04.891	1:16.671	55:06.559	8:52.139	-
13	87	Max jones	Hailey	ID M 12	M17- 1	2:52:32.777	21:29.619	34:35.441	2:00.897	1:22:41.398	3:19.615	1:35.232	1:04:45.631	10:25.332	-
14	68	Heather Ramsdell	Twin Falls	ID F 2	F25-35 -	2:53:28.902	26:44.122	43:01.584	1:22.698	1:27:23.142	3:30.950	1:23.904	56:35.036	9:06.378	-
15	51	Kevin Dodson	Meridian	ID M 13	M36-45 1	2:53:29.701	31:09.943	50:09.382	1:52.533	1:20:12.093	3:13.608	58.198	59:16.934	9:32.433	-
16	62	Curtis Martin	Ketchum	ID M 14	M46-54 3	2:57:23.138	29:57.809	48:13.293	2:27.007	1:20:41.278	3:14.782	1:07.252	1:03:09.792	10:09.908	-
17	91	Gary Holloway	Boise	ID M 15	M46-54 4	2:59:24.967	33:27.062	53:50.053	1:50.280	1:20:52.382	3:15.229	1:27.045	1:01:48.198	9:56.777	-
18	72	Parker Twiss	twin falls	ID M 16	M17- 2	3:02:22.705	21:21.362	34:22.152	2:13.371	1:27:25.200	3:31.033	2:25.811	1:08:56.961	11:05.779	-
19	67	Sam Peterson	Pocatello	ID M 17	M26-35 6	3:02:28.881	32:15.448	51:54.802	4:52.145	1:27:38.489	3:31.568	2:04.084	55:38.715	8:57.314	-
20	70	Candice Roderick	Jiggs	NV F 3	F25-35 -	3:04:06.001	30:42.861	49:25.797	2:55.466	1:30:45.921	3:39.109	1:17.240	58:24.513	9:23.997	-
21	73	Jonathan Walsh	Twin Falls	ID M 18	M26-35 7	3:05:53.024	41:19.843	06:30.920	-	1:21:58.084	-	2:06.900	1:00:28.197	9:43.902	-
22	53	Jon Gardunia	Twin Falls	ID M 19	M26-35 8	3:06:56.333	34:38.597	55:45.178	2:20.948	1:24:02.938	3:22.896	1:53.970	1:03:59.880	10:17.969	-
23	60	Tyler Larsen	TWIN FALLS	ID M 20	M26-35 9	3:13:25.397	37:27.153	00:16.442	2:36.135	1:23:11.712	3:20.835	1:37.513	1:08:32.884	11:01.905	-
24	63	Gregg McCulloch	Boise	ID M 21	M46-54 5	3:16:44.879	31:05.963	50:02.976	1:53.351	1:31:17.323	3:40.372	1:45.262	1:10:42.980	11:22.841	-
25	86	Glenn Robinette	Meridian	ID M 22	M46-54 6	3:18:54.587	36:30.617	58:45.456	1:56.390	1:32:06.410	3:42.347	1:28.210	1:06:52.960	10:45.823	-
26	61	Brendan Manley-Bryant	MOUNTAIN HOME	ID M 23	M18-25 2	3:26:08.177	40:02.828	04:26.977	-	1:27:32.888	-	1:27.785	1:17:04.676	12:24.269	-
27	58	lynn hansen	declo	ID M 24	M36-45 2	3:28:43.490	29:21.090	47:14.200	2:55.326	1:28:07.263	3:32.726	2:44.960	1:25:34.851	13:46.374	-
28	56	cody hansen	declo	ID M 25	M17- 3	3:54:52.593	33:18.762	53:36.696	2:55.195	1:51:49.235	4:29.937	1:46.294	1:25:03.107	13:41.265	-
29	57	kristine hansen	declo	ID F 4	F36-45 1	3:54:52.799	33:28.083	53:51.696	2:03.427	1:50:12.083	4:26.028	3:08.801	1:26:00.405	13:50.487	-
30	55	canon hansen	declo	ID M 26	M17- 4	3:54:52.928	30:33.680	49:11.022	3:22.046	1:51:43.929	4:29.723	3:13.787	1:25:59.486	13:50.339	-
-	84	John Twiss	Twin Falls	ID M -	M36-45 -	-	22:36.837	36:23.617	1:56.806	1:20:35.824	3:14.563	-	-	-	DNF

# Sprint Triathlon

Pl.	Bib	Name		Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	89	Matt	Tyrell	Pocatello	ID M	1 M26-35	- 1:40:07.469	17:03.493	34:06.986	52.244	42:09.843	2:27.944	1:10.318	38:51.571	8:38.127	-
2	20	Kevin	Jones	Ketchum	ID M	2 M18-25	- 1:41:27.944	13:52.234	27:44.468	1:08.789	48:40.320	2:50.779	1:03.220	36:43.381	8:09.640	-
3	2	Chard	Berndt	Filer	ID M	3 M36-45	- 1:41:45.472	19:06.577	38:13.154	1:51.630	49:38.660	2:54.191	1:02.534	30:06.071	6:41.349	-
4	90	Matt	Garrison	Pocatello	ID M	4 M36-45	1 1:44:08.265	20:21.233	40:42.466	1:40.357	45:30.347	2:39.669	58.250	35:38.078	7:55.128	-
5	16	John	Groat	Mountain Home	ID M	5 M18-25	1 1:44:08.347	16:33.100	33:06.200	1:33.703	51:19.788	3:00.105	23.790	34:17.966	7:37.326	-
6	8	Mackenzie	Chojnacky	Jerome	ID F	1 F17-	- 1:46:15.304	14:58.415	29:56.830	1:27.420	55:58.026	3:16.376	54.994	32:56.449	7:19.211	-
7	30	Shawn	Narum	Twin Falls	ID M	6 M36-45	2 1:46:58.438	15:29.835	30:59.670	1:39.694	53:07.253	3:06.389	57.864	35:43.792	7:56.398	-
8	82	Steven	Yung	Kimberly	ID M	7 M18-25	2 1:49:10.977	20:40.256	41:20.512	2:43.805	54:42.472	3:11.957	26.490	30:37.954	6:48.434	-
9	6	Tucker	Brauer	Twin Falls	ID M	8 M18-25	3 1:49:53.672	15:07.043	30:14.086	1:51.386	55:32.321	3:14.873	55.105	36:27.817	8:06.182	-
10	80	Zach	Waynetska	Payette	ID M	9 M18-25	4 1:50:36.000	19:17.465	38:34.930	1:35.974	54:10.561	3:10.091	1:31.087	34:00.913	7:33.536	-
11	24	Tak-ming	Ko	Twin Falls	ID M	10 M46-54	1 1:51:07.251	18:19.757	36:39.514	2:42.737	49:44.564	2:54.536	1:32.397	38:47.796	8:37.288	-
12	41	brandon	wilcox	rupert	ID M	11 M26-35	1 1:54:42.989	20:43.558	41:27.116	2:22.180	49:09.647	2:52.494	1:21.532	41:06.072	9:08.016	-
13	18	Ron	Hahn	Kimberly	ID M	12 M36-45	3 1:55:31.781	15:43.789	31:27.578	2:25.114	59:05.216	3:27.323	45.646	37:32.016	8:20.448	-
14	83	Scott	Scholes	Twin Falls	ID M	13 M36-45	4 1:55:55.351	15:00.164	30:00.328	1:21.741	51:42.859	3:01.454	1:19.261	46:31.326	10:20.295	-
15	33	Jeff	Tingey	Chubbuck	ID M	14 M26-35	2 1:56:23.921	18:14.751	36:29.502	2:18.787	54:22.462	3:10.787	1:25.889	40:02.032	8:53.785	-
16	7	Nate	Campbell	Twin Falls	ID M	15 M26-35	3 1:57:34.133	20:35.726	41:11.452	2:16.179	57:36.205	3:22.117	2:09.522	34:56.501	7:45.889	-
17	39	George	Widenor	Meridian	ID M	16 M36-45	5 1:57:58.671	16:05.574	32:11.148	2:02.921	56:22.505	3:17.807	1:26.154	42:01.517	9:20.337	-
18	42	Chad	Wright	Meridian	ID M	17 M26-35	4 1:58:12.646	17:32.039	35:04.078	2:16.003	1:00:52.863	3:33.618	1:04.877	36:26.864	8:05.970	-
19	26	gregory	kronenberg	elko	NV M	18 M36-45	6 2:00:08.142	17:36.001	35:12.002	2:50.669	54:39.330	3:11.774	1:47.157	43:14.985	9:36.663	-
20	11	Gina	Darrington	Declo	ID F	2 F36-45	- 2:01:40.476	15:38.622	31:17.244	2:20.373	56:51.005	3:19.474	1:28.021	45:22.455	10:04.990	-
21	81	Lisa	Latshaw	Twin falls	ID F	3 F46-54	- 2:01:54.868	16:53.317	33:46.634	2:06.657	58:53.486	3:26.637	1:39.015	42:22.393	9:24.976	-
22	37	Nicole	Wark	Ketchum	ID F	4 F26-35	1 2:02:06.842	16:29.437	32:58.874	2:42.953	56:51.610	3:19.509	2:12.038	43:50.804	9:44.623	-
23	64	Lucia	McLaughlin	Boise	ID F	5 F26-35	2 2:02:32.724	17:58.614	35:57.228	1:56.543	59:35.043	3:29.067	5:16.812	37:45.712	8:23.492	-
24	12	Brian	Davis	wilder	ID M	19 M36-45	7 2:03:14.365	23:30.518	47:01.036	2:16.743	55:59.535	3:16.464	1:46.969	39:40.600	8:49.022	-
25	13	Sarah	DeAlba	Boise	ID F	6 F36-45	1 2:03:44.996	20:43.144	41:26.288	2:06.267	59:10.066	3:27.606	1:18.714	40:26.805	8:59.290	-
26	3	Hayden	Blair	Twin Falls	ID M	20 M18-25	5 2:05:05.609	21:04.003	42:08.006	1:51.896	57:35.658	3:22.085	40.795	43:53.257	9:45.168	-
27	52	Caroline	Faure	Pocatello	ID F	7 F36-45	2 2:05:58.468	13:55.968	27:51.936	1:38.719	57:17.318	3:21.013	57.885	52:08.578	11:35.240	-
28	25	Heather	Kohring	Twin Falls	ID F	8 F36-45	3 2:05:58.738	16:29.767	32:59.534	2:12.793	56:37.440	3:18.681	1:55.772	48:42.966	10:49.548	-
29	1	Michael	Bennett	BOISE	ID M	21 M55+	1 2:07:09.453	14:50.890	29:41.780	1:16.973	55:24.091	3:14.391	1:49.038	53:48.461	11:57.436	-
30	23	Marcus	Ko	Twin Falls	ID M	22 M17-	1 2:07:19.927	23:45.922	47:31.844	2:25.563	57:29.157	3:21.705	1:46.555	41:52.730	9:18.384	-
31	10	Scott	Coats	Rupert	ID M	23 M46-54	2 2:07:56.233	20:47.468	41:34.936	2:33.515	1:01:26.861	3:35.606	2:33.710	40:34.679	9:01.040	-
32	9	NEIL	CHRISTENSEN	TWIN FALLS	ID M	24 M26-35	5 2:09:49.014	21:48.264	43:36.528	3:36.447	54:41.442	3:11.897	1:16.379	48:26.482	10:45.885	-
33	36	Brian	Tureman	Twin Falls	ID M	25 M36-45	8 2:12:06.000	21:18.833	42:37.666	-	58:58.657	-	-	53:04.889	11:30.780	-
34	27	Sandy	Letzing	Sun Valley	ID F	9 F26-35	3 2:14:43.632	18:26.186	36:52.372	2:03.638	1:03:13.438	3:41.838	55.636	50:04.734	11:07.719	-
35	15	Miranda	Gibson	Burley	ID F	10 F26-35	4 2:16:08.078	26:56.525	53:53.050	1:57.727	58:20.093	3:24.684	1:19.449	47:34.284	10:34.285	-
36	4	Renee	Bobrowski	Boise	ID F	11 F46-54	1 2:17:01.236	22:18.358	44:36.716	3:08.992	1:01:27.426	3:35.639	1:50.237	48:16.223	10:43.605	-
37	5	Kailey	Borchardt	Twin Falls	ID F	12 F18-25	1 2:17:17.507	16:33.853	33:07.706	2:32.650	1:10:17.608	4:06.644	1:15.169	46:38.227	10:21.828	-
38	21	Jerry	Key	Meridian	ID M	26 M26-35	6 2:23:39.756	21:30.585	43:01.170	4:01.453	1:05:45.551	3:50.734	2:45.369	49:36.798	11:01.511	-
39	28	Heather	McGriff Meeks	Boise	ID F	13 F26-35	5 2:23:39.780	21:30.648	43:01.296	3:59.666	1:05:50.868	3:51.045	2:41.263	49:37.335	11:01.630	-
40	35	alice	trabert	twin falls	ID F	14 F46-54	2 2:24:26.017	23:36.076	47:12.152	3:34.339	1:02:29.590	3:39.274	2:37.003	52:09.009	11:35.335	-
41	32	Kathy	Starman	Boise	ID F	15 F36-45	4 2:24:46.131	16:38.016	33:16.032	2:48.300	1:06:35.897	3:53.678	1:03.721	57:40.197	12:48.933	-

# Sprint Triathlon

Pl.	Bib	Name		Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
42	34	kimberly	Tower	Boise	ID F 16	F36-45 5	2:27:11.175	24:30.607	49:01.214	2:28.271	1:03:32.052	3:42.927	2:13.783	54:26.462	12:05.880	-
43	40	Laura	Widenor	Meridian	ID F 17	F36-45 6	2:33:47.061	21:50.898	43:41.796	3:26.924	1:05:28.898	3:49.760	2:27.281	1:00:33.060	13:27.347	-
44	93	Steven	Burgess	Twin Falls	ID M 27	M18-25 6	2:37:00.694	16:46.722	33:33.444	4:14.176	1:24:36.589	4:56.877	51.992	50:31.215	11:13.603	-
45	31	Richard	Pickers	Kimberly	ID M 28	M26-35 7	2:39:49.810	19:27.125	38:54.250	2:03.014	1:22:09.509	4:48.275	1:22.456	54:47.706	12:10.601	-
46	14	Cassandra	Folkman	Emmett	ID F 18	F26-35 6	2:47:16.491	21:03.045	42:06.090	4:03.764	1:26:41.666	5:04.191	1:49.998	53:38.018	11:55.115	-
47	19	Carin	Howard	Boise	ID F 19	F18-25 2	3:00:25.261	20:46.405	41:32.810	4:20.330	1:41:16.844	5:55.371	9:09.035	44:52.647	9:58.366	-
48	38	Elizabeth	West	Boise	ID F 20	F18-25 3	3:00:25.512	25:41.898	51:23.796	2:19.134	1:46:43.542	6:14.476	48.126	44:52.812	9:58.403	-

# Team Olympic Triathlon

Pl.	Bib	Name	Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	201	Briles Kramer Ehler		C 1	Co-ed 1	2:42:02.976	30:00.815	48:18.131	52.345	1:09:35.820	2:48.008	38.748	1:00:55.248	9:48.255	-

## Team Sprint Triathlon

Pl.	Bib	Name	Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	202	Dowan Hill		C 1	Co-ed 1	1:52:22.835	14:08.705	28:17.410	1:38.725	52:53.671	3:05.595	34.743	43:06.991	9:34.887	-
2	44	Lisk Wark		C 2	Co-ed 2	2:02:06.927	16:22.680	32:45.360	2:50.215	57:02.105	3:20.123	2:01.340	43:50.587	9:44.575	-
3	46	Team Barr		M 1	Men 1	2:04:41.097	17:27.870	34:55.740	4:12.328	1:06:21.232	3:52.821	41.005	35:58.662	7:59.703	-
4	45	Roemer		C 3	Co-ed 3	2:18:46.077	23:57.314	47:54.628	52.244	1:17:41.900	4:32.626	30.468	35:44.151	7:56.478	-
5	43	k-2 Sole sisters		F 1	Women 1	2:30:22.448	23:33.124	47:06.248	41.720	1:11:24.689	4:10.567	43.223	53:59.692	11:59.932	-

# Full Results by Name, 2010 Twin Falls Triathlon

Saturday, July 17, 2010

Twin Falls, ID

## Olympic Triathlon

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty	
2	47	Hannes	Achhorer	Ketchum	ID M 2	M26-35 -	2:23:54.968	26:15.155	42:14.966	2:17.658	1:09:41.791	2:48.249	48.552	44:51.812	7:13.205	-
6	48	Aytree	Blalock	Boise	ID F 1	F25-35 -	2:34:54.114	26:02.451	41:54.521	1:31.490	1:18:38.668	3:09.849	57.567	47:43.938	7:40.906	-
4	49	Jacob	Carroll	Boise	ID M 4	M18-25 1	2:29:45.004	22:59.132	36:59.498	1:36.402	1:11:20.757	2:52.230	1:30.345	52:18.368	8:25.071	-
11	50	Tim	Carroll	Twin Falls	ID M 10	M46-54 1	2:41:38.724	23:35.613	37:58.208	1:54.764	1:15:26.949	3:02.135	1:40.587	59:00.811	9:29.838	-
15	51	Kevin	Dodson	Meridian	ID M 13	M36-45 1	2:53:29.701	31:09.943	50:09.382	1:52.533	1:20:12.093	3:13.608	58.198	59:16.934	9:32.433	-
12	88	Mark	Ehlers	Twin Falls	ID M 11	M46-54 2	2:44:11.018	29:18.302	47:09.713	1:54.047	1:16:35.439	3:04.891	1:16.671	55:06.559	8:52.139	-
10	92	Ryan	franklin	Filer	ID M 9	M26-35 5	2:41:35.443	23:08.682	37:14.867	1:21.286	1:15:50.763	3:03.094	38.189	1:00:36.523	9:45.242	-
22	53	Jon	Gardunia	Twin Falls	ID M 19	M26-35 8	3:06:56.333	34:38.597	55:45.178	2:20.948	1:24:02.938	3:22.896	1:53.970	1:03:59.880	10:17.969	-
30	55	canon	hansen	declo	ID M 26	M17- 4	3:54:52.928	30:33.680	49:11.022	3:22.046	1:51:43.929	4:29.723	3:13.787	1:25:59.486	13:50.339	-
28	56	cody	hansen	declo	ID M 25	M17- 3	3:54:52.593	33:18.762	53:36.696	2:55.195	1:51:49.235	4:29.937	1:46.294	1:25:03.107	13:41.265	-
29	57	kristine	hansen	declo	ID F 4	F36-45 1	3:54:52.799	33:28.083	53:51.696	2:03.427	1:50:12.083	4:26.028	3:08.801	1:26:00.405	13:50.487	-
27	58	lynn	hansen	declo	ID M 24	M36-45 2	3:28:43.490	29:21.090	47:14.200	2:55.326	1:28:07.263	3:32.726	2:44.960	1:25:34.851	13:46.374	-
5	59	Tyler	Hansen	Boise	ID M 5	M26-35 1	2:33:13.438	28:57.223	46:35.789	47.171	1:10:55.155	2:51.200	43.626	51:50.263	8:20.548	-
17	91	Gary	Holloway	Boise	ID M 15	M46-54 4	2:59:24.967	33:27.062	53:50.053	1:50.280	1:20:52.382	3:15.229	1:27.045	1:01:48.198	9:56.777	-
13	87	Max	jones	Hailey	ID M 12	M17- 1	2:52:32.777	21:29.619	34:35.441	2:00.897	1:22:41.398	3:19.615	1:35.232	1:04:45.631	10:25.332	-
23	60	Tyler	Larsen	TWIN FALLS	ID M 20	M26-35 9	3:13:25.397	37:27.153	00:16.442	2:36.135	1:23:11.712	3:20.835	1:37.513	1:08:32.884	11:01.905	-
9	85	Todd	Lickley	Twin Falls	ID M 8	M26-35 4	2:38:28.136	27:25.426	44:08.056	1:46.529	1:11:30.933	2:52.640	1:05.054	56:40.194	9:07.208	-
26	61	Brendan	Manley-Bryant	MOUNTAIN HOME	ID M 23	M18-25 2	3:26:08.177	40:02.828	04:26.977	-	1:27:32.888	-	1:27.785	1:17:04.676	12:24.269	-
16	62	Curtis	Martin	Ketchum	ID M 14	M46-54 3	2:57:23.138	29:57.809	48:13.293	2:27.007	1:20:41.278	3:14.782	1:07.252	1:03:09.792	10:09.908	-
24	63	Gregg	McCulloch	Boise	ID M 21	M46-54 5	3:16:44.879	31:05.963	50:02.976	1:53.351	1:31:17.323	3:40.372	1:45.262	1:10:42.980	11:22.841	-
1	65	Jarrood	Morrison	Meridian	ID M 1	M36-45 -	2:22:28.996	22:01.488	35:26.729	1:20.438	1:06:50.303	2:41.349	59.593	51:17.174	8:15.223	-
3	66	Greg	Paulson	Twin Falls	ID M 3	M36-45 -	2:26:20.784	25:48.005	41:31.273	1:25.726	1:08:43.942	2:45.921	52.617	49:30.494	7:58.055	-
19	67	Sam	Peterson	Pocatello	ID M 17	M26-35 6	3:02:28.881	32:15.448	51:54.802	4:52.145	1:27:38.489	3:31.568	2:04.084	55:38.715	8:57.314	-
14	68	Heather	Ramsdell	Twin Falls	ID F 2	F25-35 -	2:53:28.902	26:44.122	43:01.584	1:22.698	1:27:23.142	3:30.950	1:23.904	56:35.036	9:06.378	-
8	69	Sean	Rasmussen	Boise	ID M 7	M26-35 3	2:37:51.941	31:23.273	50:30.834	2:08.025	1:11:05.149	2:51.602	1:07.241	52:08.253	8:23.444	-
25	86	Glenn	Robinette	Meridian	ID M 22	M46-54 6	3:18:54.587	36:30.617	58:45.456	1:56.390	1:32:06.410	3:42.347	1:28.210	1:06:52.960	10:45.823	-
20	70	Candice	Roderick	Jiggs	NV F 3	F25-35 -	3:04:06.001	30:42.861	49:25.797	2:55.466	1:30:45.921	3:39.109	1:17.240	58:24.513	9:23.997	-
7	71	samuel	roundy	twin falls	ID M 6	M26-35 2	2:35:01.490	30:44.441	49:28.340	2:09.165	1:10:32.594	2:50.292	1:47.698	49:47.592	8:00.806	-
-	84	John	Twiss	Twin Falls	ID M -	M36-45 -	-	22:36.837	36:23.617	1:56.806	1:20:35.824	3:14.563	-	-	-	DNF
18	72	Parker	Twiss	twin falls	ID M 16	M17- 2	3:02:22.705	21:21.362	34:22.152	2:13.371	1:27:25.200	3:31.033	2:25.811	1:08:56.961	11:05.779	-
21	73	Jonathan	Walsh	Twin Falls	ID M 18	M26-35 7	3:05:53.024	41:19.843	06:30.920	-	1:21:58.084	-	2:06.900	1:00:28.197	9:43.902	-

# Sprint Triathlon

Pl.	Bib	Name		Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
29	1	Michael	Bennett	BOISE	ID M 21	M55+	1 2:07:09.453	14:50.890	29:41.780	1:16.973	55:24.091	3:14.391	1:49.038	53:48.461	11:57.436	-
3	2	Chard	Berndt	Filer	ID M 3	M36-45	- 1:41:45.472	19:06.577	38:13.154	1:51.630	49:38.660	2:54.191	1:02.534	30:06.071	6:41.349	-
26	3	Hayden	Blair	Twin Falls	ID M 20	M18-25	5 2:05:05.609	21:04.003	42:08.006	1:51.896	57:35.658	3:22.085	40.795	43:53.257	9:45.168	-
36	4	Renee	Bobrowski	Boise	ID F 11	F46-54	1 2:17:01.236	22:18.358	44:36.716	3:08.992	1:01:27.426	3:35.639	1:50.237	48:16.223	10:43.605	-
37	5	Kailey	Borchardt	Twin Falls	ID F 12	F18-25	1 2:17:17.507	16:33.853	33:07.706	2:32.650	1:10:17.608	4:06.644	1:15.169	46:38.227	10:21.828	-
9	6	Tucker	Brauer	Twin Falls	ID M 8	M18-25	3 1:49:53.672	15:07.043	30:14.086	1:51.386	55:32.321	3:14.873	55.105	36:27.817	8:06.182	-
44	93	Steven	Burgess	Twin Falls	ID M 27	M18-25	6 2:37:00.694	16:46.722	33:33.444	4:14.176	1:24:36.589	4:56.877	51.992	50:31.215	11:13.603	-
16	7	Nate	Campbell	Twin Falls	ID M 15	M26-35	3 1:57:34.133	20:35.726	41:11.452	2:16.179	57:36.205	3:22.117	2:09.522	34:56.501	7:45.889	-
6	8	Mackenzie	Chojnacky	Jerome	ID F 1	F17-	- 1:46:15.304	14:58.415	29:56.830	1:27.420	55:58.026	3:16.376	54.994	32:56.449	7:19.211	-
32	9	NEIL	CHRISTENSEN	TWIN FALLS	ID M 24	M26-35	5 2:09:49.014	21:48.264	43:36.528	3:36.447	54:41.442	3:11.897	1:16.379	48:26.482	10:45.885	-
31	10	Scott	Coats	Rupert	ID M 23	M46-54	2 2:07:56.233	20:47.468	41:34.936	2:33.515	1:01:26.861	3:35.606	2:33.710	40:34.679	9:01.040	-
20	11	Gina	Darrington	Declo	ID F 2	F36-45	- 2:01:40.476	15:38.622	31:17.244	2:20.373	56:51.005	3:19.474	1:28.021	45:22.455	10:04.990	-
24	12	Brian	Davis	wilder	ID M 19	M36-45	7 2:03:14.365	23:30.518	47:01.036	2:16.743	55:59.535	3:16.464	1:46.969	39:40.600	8:49.022	-
25	13	Sarah	DeAlba	Boise	ID F 6	F36-45	1 2:03:44.996	20:43.144	41:26.288	2:06.267	59:10.066	3:27.606	1:18.714	40:26.805	8:59.290	-
27	52	Caroline	Faure	Pocatello	ID F 7	F36-45	2 2:05:58.468	13:55.968	27:51.936	1:38.719	57:17.318	3:21.013	57.885	52:08.578	11:35.240	-
46	14	Cassandra	Folkman	Emmett	ID F 18	F26-35	6 2:47:16.491	21:03.045	42:06.090	4:03.764	1:26:41.666	5:04.191	1:49.998	53:38.018	11:55.115	-
4	90	Matt	Garrison	Pocatello	ID M 4	M36-45	1 1:44:08.265	20:21.233	40:42.466	1:40.357	45:30.347	2:39.669	58.250	35:38.078	7:55.128	-
35	15	Miranda	Gibson	Burley	ID F 10	F26-35	4 2:16:08.078	26:56.525	53:53.050	1:57.727	58:20.093	3:24.684	1:19.449	47:34.284	10:34.285	-
5	16	John	Groat	Mountain Home	ID M 5	M18-25	1 1:44:08.347	16:33.100	33:06.200	1:33.703	51:19.788	3:00.105	23.790	34:17.966	7:37.326	-
13	18	Ron	Hahn	Kimberly	ID M 12	M36-45	3 1:55:31.781	15:43.789	31:27.578	2:25.114	59:05.216	3:27.323	45.646	37:32.016	8:20.448	-
47	19	Carin	Howard	Boise	ID F 19	F18-25	2 3:00:25.261	20:46.405	41:32.810	4:20.330	1:41:16.844	5:55.371	9:09.035	44:52.647	9:58.366	-
2	20	Kevin	Jones	Ketchum	ID M 2	M18-25	- 1:41:27.944	13:52.234	27:44.468	1:08.789	48:40.320	2:50.779	1:03.220	36:43.381	8:09.640	-
38	21	Jerry	Key	Meridian	ID M 26	M26-35	6 2:23:39.756	21:30.585	43:01.170	4:01.453	1:05:45.551	3:50.734	2:45.369	49:36.798	11:01.511	-
30	23	Marcus	Ko	Twin Falls	ID M 22	M17-	1 2:07:19.927	23:45.922	47:31.844	2:25.563	57:29.157	3:21.705	1:46.555	41:52.730	9:18.384	-
11	24	Tak-ming	Ko	Twin Falls	ID M 10	M46-54	1 1:51:07.251	18:19.757	36:39.514	2:42.737	49:44.564	2:54.536	1:32.397	38:47.796	8:37.288	-
28	25	Heather	Kohring	Twin Falls	ID F 8	F36-45	3 2:05:58.738	16:29.767	32:59.534	2:12.793	56:37.440	3:18.681	1:55.772	48:42.966	10:49.548	-
19	26	gregory	kronenberg	elko	NV M 18	M36-45	6 2:00:08.142	17:36.001	35:12.002	2:50.669	54:39.330	3:11.774	1:47.157	43:14.985	9:36.663	-
21	81	Lisa	Latshaw	Twin falls	ID F 3	F46-54	- 2:01:54.868	16:53.317	33:46.634	2:06.657	58:53.486	3:26.637	1:39.015	42:22.393	9:24.976	-
34	27	Sandy	Letzing	Sun Valley	ID F 9	F26-35	3 2:14:43.632	18:26.186	36:52.372	2:03.638	1:03:13.438	3:41.838	55.636	50:04.734	11:07.719	-
39	28	Heather	McGriff Meeks	Boise	ID F 13	F26-35	5 2:23:39.780	21:30.648	43:01.296	3:59.666	1:05:50.868	3:51.045	2:41.263	49:37.335	11:01.630	-
23	64	Lucia	McLaughlin	Boise	ID F 5	F26-35	2 2:02:32.724	17:58.614	35:57.228	1:56.543	59:35.043	3:29.067	5:16.812	37:45.712	8:23.492	-
7	30	Shawn	Narum	Twin Falls	ID M 6	M36-45	2 1:46:58.438	15:29.835	30:59.670	1:39.694	53:07.253	3:06.389	57.864	35:43.792	7:56.398	-
45	31	Richard	Pickers	Kimberly	ID M 28	M26-35	7 2:39:49.810	19:27.125	38:54.250	2:03.014	1:22:09.509	4:48.275	1:22.456	54:47.706	12:10.601	-
14	83	Scott	Scholes	Twin Falls	ID M 13	M36-45	4 1:55:55.351	15:00.164	30:00.328	1:21.741	51:42.859	3:01.454	1:19.261	46:31.326	10:20.295	-
41	32	Kathy	Starman	Boise	ID F 15	F36-45	4 2:24:46.131	16:38.016	33:16.032	2:48.300	1:06:35.897	3:53.678	1:03.721	57:40.197	12:48.933	-
15	33	Jeff	Tingey	Chubbuck	ID M 14	M26-35	2 1:56:23.921	18:14.751	36:29.502	2:18.787	54:22.462	3:10.787	1:25.889	40:02.032	8:53.785	-
42	34	kimberly	Tower	Boise	ID F 16	F36-45	5 2:27:11.175	24:30.607	49:01.214	2:28.271	1:03:32.052	3:42.927	2:13.783	54:26.462	12:05.880	-
40	35	alice	trabert	twin falls	ID F 14	F46-54	2 2:24:26.017	23:36.076	47:12.152	3:34.339	1:02:29.590	3:39.274	2:37.003	52:09.009	11:35.335	-
33	36	Brian	Tureman	Twin Falls	ID M 25	M36-45	8 2:12:06.000	21:18.833	42:37.666	-	58:58.657	-	-	53:04.889	11:30.780	-
1	89	Matt	Tyrell	Pocatello	ID M 1	M26-35	- 1:40:07.469	17:03.493	34:06.986	52.244	42:09.843	2:27.944	1:10.318	38:51.571	8:38.127	-
22	37	Nicole	Wark	Ketchum	ID F 4	F26-35	1 2:02:06.842	16:29.437	32:58.874	2:42.953	56:51.610	3:19.509	2:12.038	43:50.804	9:44.623	-

## Sprint Triathlon

Pl.	Bib	Name		Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
10	80	Zach	Waynetska	Payette	ID M 9	M18-25 4	1:50:36.000	19:17.465	38:34.930	1:35.974	54:10.561	3:10.091	1:31.087	34:00.913	7:33.536	-
48	38	Elizabeth	West	Boise	ID F 20	F18-25 3	3:00:25.512	25:41.898	51:23.796	2:19.134	1:46:43.542	6:14.476	48.126	44:52.812	9:58.403	-
17	39	George	Widenor	Meridian	ID M 16	M36-45 5	1:57:58.671	16:05.574	32:11.148	2:02.921	56:22.505	3:17.807	1:26.154	42:01.517	9:20.337	-
43	40	Laura	Widenor	Meridian	ID F 17	F36-45 6	2:33:47.061	21:50.898	43:41.796	3:26.924	1:05:28.898	3:49.760	2:27.281	1:00:33.060	13:27.347	-
12	41	brandon	wilcox	rupert	ID M 11	M26-35 1	1:54:42.989	20:43.558	41:27.116	2:22.180	49:09.647	2:52.494	1:21.532	41:06.072	9:08.016	-
18	42	Chad	Wright	Meridian	ID M 17	M26-35 4	1:58:12.646	17:32.039	35:04.078	2:16.003	1:00:52.863	3:33.618	1:04.877	36:26.864	8:05.970	-
8	82	Steven	Yung	Kimberly	ID M 7	M18-25 2	1:49:10.977	20:40.256	41:20.512	2:43.805	54:42.472	3:11.957	26.490	30:37.954	6:48.434	-

# Team Olympic Triathlon

Pl.	Bib	Name	Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	201	Briles Kramer Ehler		C 1	Co-ed 1	2:42:02.976	30:00.815	48:18.131	52.345	1:09:35.820	2:48.008	38.748	1:00:55.248	9:48.255	-

## Team Sprint Triathlon

Pl.	Bib	Name	Location	Gender/Pl.	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	202	Dowan Hill		C 1	Co-ed 1	1:52:22.835	14:08.705	28:17.410	1:38.725	52:53.671	3:05.595	34.743	43:06.991	9:34.887	-
5	43	k-2 Sole sisters		F 1	Women 1	2:30:22.448	23:33.124	47:06.248	41.720	1:11:24.689	4:10.567	43.223	53:59.692	11:59.932	-
2	44	Lisk Wark		C 2	Co-ed 2	2:02:06.927	16:22.680	32:45.360	2:50.215	57:02.105	3:20.123	2:01.340	43:50.587	9:44.575	-
4	45	Roemer		C 3	Co-ed 3	2:18:46.077	23:57.314	47:54.628	52.244	1:17:41.900	4:32.626	30.468	35:44.151	7:56.478	-
3	46	Team Barr		M 1	Men 1	2:04:41.097	17:27.870	34:55.740	4:12.328	1:06:21.232	3:52.821	41.005	35:58.662	7:59.703	-