

Overall Results, 2010 Mountain Triathlon

Saturday, August 14, 2010

McCall, ID

Individual Olympic

Pl.	Bib	Name		Location		Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
Men																	
1	20	THOMAS	LIBY	BOISE	ID	1	M35-39 -	2:13:58.747	21:23.411	22:56.967	1:13.799	1:07:19.079	2:42.507	57.543	43:04.915	6:56.002	-
2	5	CASEY	BOREN	BOISE	ID	2	M35-39 -	2:21:57.233	24:39.063	26:26.881	1:26.423	1:12:48.270	2:55.751	1:29.447	41:34.030	6:41.375	-
3	62	JOE	TYSOE	BEAVERTON	OR	3	M35-39 -	2:22:14.821	31:13.666	33:30.249	1:17.709	1:11:15.855	2:52.033	50.624	37:36.967	6:03.224	-
Women																	
1	29	YADI	SPANGENBERG	DONNELLY	ID	7	F30-34 -	2:32:11.683	27:30.441	29:30.752	1:41.150	1:15:42.903	3:02.777	51.408	46:25.781	7:28.328	-
2	12	AMBER	FISHER	MERIDIAN	ID	8	F35-39 -	2:33:27.068	29:47.145	31:57.421	1:21.995	1:16:46.404	3:05.332	52.001	44:39.523	7:11.227	-
3	21	KRISTINA	MITCHELL	BOISE	ID	11	F40-44 -	2:36:43.270	23:57.155	25:41.918	1:45.491	1:19:41.836	3:12.390	1:14.845	50:03.943	8:03.438	-

Individual Sprint

Pl.	Bib	Name		Location		Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
Men																	
1	78	MARK	JENSEN	MCCALL	ID	1	M55-59 -	1:18:51.475	15:30.344	16:38.162	2:01.344	37:04.734	1:29.509	1:00.186	23:14.867	3:44.482	-
2	48	CHRISTIAN	MARTINEAU	MCCALL	ID	2	M20-24 -	1:20:51.000	17:24.544	18:40.687	58.219	39:07.019	1:34.429	45.647	22:35.571	3:38.158	-
3	77	TROY	DONALDSON	EMMETT	ID	7	M40-44 -	1:36:24.049	21:53.047	23:28.763	3:02.629	43:42.217	1:45.501	1:11.188	26:34.968	4:16.685	-
Women																	
1	44	JUSTINE	EMGE	BOISE	ID	3	F25-29 -	1:24:00.105	14:11.635	15:13.716	1:08.624	41:17.502	1:39.679	1:07.494	26:14.850	4:13.448	-
2	51	DANA	OWEN	BOISE	ID	4	F40-44 -	1:29:12.511	18:00.125	19:18.862	59.265	41:55.412	1:41.204	1:07.296	27:10.413	4:22.390	-
3	41	JOHANNA	DEFOORT	MCCALL	ID	5	F20-24 -	1:31:37.894	21:36.635	23:11.155	2:37.877	42:32.048	1:42.678	1:02.637	23:48.697	3:49.926	-

Team Olympic

Pl.	Bib	Name	Location	Overall	Age Group/Pl.	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
Co-ed															
1	33	AAA IDAHO		2	Co-ed 1	2:26:15.461	25:54.934	41:42.424	24.192	1:13:43.139	5:55.918	18.749	45:54.447	14:46.571	-
2	74	WOLF DINNIE		3	Co-ed 2	2:36:26.037	24:14.675	39:01.072	46.941	1:18:39.240	6:19.744	18.822	52:26.359	16:52.715	-
3	61	ANDERSON KLIMKO D'ANTONIO		8	Co-ed 3	3:01:40.563	35:14.621	56:43.153	33.323	1:26:14.684	6:56.392	21.240	59:16.695	19:04.789	-
Men															
1	36	HOLLAND HANSON MCMAHAN		1	Men 1	2:25:25.974	25:02.863	40:18.624	28.230	1:10:48.227	5:41.843	21.058	48:45.596	15:41.658	-
2	34	BELLA KITCHEN		4	Men 2	2:43:08.320	17:57.000	28:53.263	1:00.531	1:25:07.982	6:51.025	21.470	58:41.337	18:53.409	-
3	60	L M B		6	Men 3	2:55:50.764	35:27.841	57:04.428	45.893	1:30:16.367	7:15.840	15.467	49:05.197	15:47.967	-
Women															
1	38	PURA VIDA LADIES		5	Women 1	2:50:03.071	28:08.742	45:17.767	34.006	1:22:09.074	6:36.629	20.866	58:50.383	18:56.320	-
2	75	EGNEW GOODMAN ELD		9	Women 2	3:03:52.196	33:12.434	53:26.512	27.638	1:29:41.487	7:13.033	16.253	1:00:14.384	19:23.357	-
3	35	CLUB BUFF BODS		10	Women 3	3:26:16.062	29:09.220	46:55.097	38.023	1:52:53.008	9:05.005	1:45.813	1:01:49.998	19:54.133	-

Age Group Results, 2010 Mountain Triathlon

Saturday, August 14, 2010

McCall, ID

Individual Olympic

PL	Bib	Name	Location	Team	Gender/PL	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
BOYS 16 - 19													
1	14	OTTO	GABRIELLI	MCCALL	ID	M 22	3:22:05.900	34:21.839	3:26.347	1:37:36.614	1:55.596	1:04:45.504	-
MEN 20 - 24													
1	32	KELBY	WILSON	COTTONWOOD	ID	M 18	3:05:10.246	39:10.295	3:24.289	1:30:50.606	54.151	50:50.905	-
MEN 30 - 34													
1	76	JAN	EITEL	MCCALL	ID	M 6	2:30:21.682	38:33.876	2:38.731	1:12:35.661	1:01.828	35:31.586	-
2	27	SEAN	RASMUSSEN	BOISE	ID	M 11	2:42:53.746	34:49.339	2:16.096	1:14:22.703	1:52.030	49:33.578	-
3	1	MATT	ANTHONY	MCCALL	ID	M 16	2:58:47.215	34:41.891	2:09.250	1:20:27.803	1:01.550	1:00:26.721	-
MEN 35 - 39													
-	20	THOMAS	LIBY	BOISE	ID	M 1	2:13:58.747	21:23.411	1:13.799	1:07:19.079	57.543	43:04.915	-
-	5	CASEY	BOREN	BOISE	ID	M 2	2:21:57.233	24:39.063	1:26.423	1:12:48.270	1:29.447	41:34.030	-
-	62	JOE	TYSOE	BEAVERTON	OR	M 3	2:22:14.821	31:13.666	1:17.709	1:11:15.855	50.624	37:36.967	-
1	2	TODD	ARNDT	MCCALL	ID	M 4	2:29:59.207	30:11.052	2:34.142	1:16:47.849	55.580	39:30.584	-
2	69	GRAHAM	PINARD	MCCALL	ID	M 13	2:45:37.792	27:40.052	2:18.030	1:20:07.451	1:05.490	54:26.769	-
3	72	JASON	MILLER	MCCALL	ID	M 14	2:48:51.220	29:03.517	3:46.470	1:28:16.456	1:34.866	46:09.911	-
4	56	ZACHARY	BRUNEEL	STAR	ID	M 15	2:52:13.100	28:48.092	2:26.132	1:25:57.998	1:04.849	53:56.029	-
5	17	JASON	HOWELL	MERIDIAN	ID	M 19	3:05:29.296	31:30.965	7:22.672	1:27:03.052	2:02.846	57:29.761	-
6	71	FORREST	BEHM	NEW MEADOWS	ID	M 20	3:13:57.639	37:16.810	3:41.535	1:34:11.700	1:44.507	57:03.087	-
MEN 40 - 44													
1	4	PAUL	BLACK	MERIDIAN	ID	M 5	2:30:02.586	26:22.833	1:45.121	1:16:04.992	50.617	44:59.023	-
2	19	CHAD	KROSSCHELL	MERIDIAN	ID	M 8	2:35:31.587	28:54.438	2:40.935	1:14:09.633	1:23.648	48:22.933	-
3	65	KEVIN	FARNEY	BOISE	ID	M 10	2:42:29.532	26:28.383	1:35.436	1:19:10.831	1:09.591	54:05.291	-
4	23	BRETT	MUMFORD	EMMETT	ID	M 17	3:02:57.477	31:09.000	1:00.577	1:34:55.727	1:32.524	54:19.649	-
5	24	BOB	OMELIA	BOISE	ID	M 21	3:16:14.705	28:42.101	2:33.404	1:34:32.202	1:53.303	1:08:33.695	-

Individual Olympic

Pl.	Bib	Name		Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty
MEN 45 - 49													
1	59	RANDY	ACKER	MCCALL	ID	M 7	2:34:19.629	35:11.828	2:03.950	1:09:43.804	1:35.227	45:44.820	-
2	28	JEFF	SNYDER	BOISE	ID	M 9	2:37:32.632	27:54.040	1:41.661	1:14:00.385	1:36.881	52:19.665	-
-	3	DOAK	BAILEY	EAGLE	ID	M -	2:33:58.351	24:45.482	3:53.183	1:19:51.533	1:46.863	43:41.290	DQ

MEN 50 - 54

1	25	BRAD	PAGE	BOISE	ID	M 12	2:44:20.006	26:02.089	1:57.285	1:17:51.689	1:28.957	56:59.986	-
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Individual Olympic

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
GIRLS 16 - 19													
1	26	MARGARET	POPE	MCCALL	ID	F 8	2:55:08.479	32:07.305	2:37.925	1:26:04.108	1:06.009	53:13.132	-
WOMEN 25 - 29													
1	6	JUSTINE	BRITTEN	BOISE	ID	F 4	2:41:36.050	29:08.235	1:41.493	1:19:53.786	54.878	49:57.658	-
2	70	RAMONA	ATHERTON	MCCALL	ID	F 7	2:51:28.289	28:57.749	1:45.371	1:22:38.251	1:18.714	56:48.204	-
WOMEN 30 - 34													
-	29	YADI	SPANGENBERG	DONNELLY	ID	F 1	2:32:11.683	27:30.441	1:41.150	1:15:42.903	51.408	46:25.781	-
1	15	CODI	GALLOWAY	BOISE	ID	F 9	2:56:33.050	28:22.316	2:07.255	1:24:17.105	1:51.502	59:54.872	-
WOMEN 35 - 39													
-	12	AMBER	FISHER	MERIDIAN	ID	F 2	2:33:27.068	29:47.145	1:21.995	1:16:46.404	52.001	44:39.523	-
1	31	MARY	WILLIAMS	MERIDIAN	ID	F 5	2:42:16.828	24:34.315	48.479	1:22:23.248	45.975	53:44.811	-
WOMEN 40 - 44													
-	21	KRISTINA	MITCHELL	BOISE	ID	F 3	2:36:43.270	23:57.155	1:45.491	1:19:41.836	1:14.845	50:03.943	-
1	73	JULIE	WELTY	MCCALL	ID	F 6	2:47:14.506	30:46.171	2:25.198	1:17:45.153	1:25.293	54:52.691	-
2	18	LAURA	KARNES	EAGLE	ID	F 11	3:11:26.159	36:03.243	3:31.851	1:31:32.682	1:40.810	58:37.573	-
3	13	HELGA	GABRIELLI	MCCALL	ID	F 13	3:22:04.414	34:57.155	3:35.837	1:37:15.827	2:27.059	1:03:48.536	-
4	8	RISA	ENGEL	ATLANTA	GA	F 14	3:25:20.029	32:07.498	7:52.720	1:37:59.971	3:11.805	1:04:08.035	-
WOMEN 45 - 49													
1	7	CATHARINE	CHOPP	BOISE	ID	F 12	3:19:46.330	39:21.806	2:07.845	1:29:09.774	1:31.812	1:07:35.093	-
WOMEN 50 - 54													
1	10	SUSAN	FILLER	BOISE	ID	F 10	2:57:44.744	27:56.862	2:27.037	1:30:24.824	2:09.880	54:46.141	-

Individual Sprint

Pl.	Bib	Name	Location	Team	Gender/Pl.	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
BOYS 16 - 19													
1	49	COLBY	MORLEY	MCCALL	ID	M 5	1:43:04.179	21:32.508	2:18.129	49:26.003	1:54.335	27:53.204	-
MEN 20 - 24													
-	48	CHRISTIAN	MARTINEAU	MCCALL	ID	M 2	1:20:51.000	17:24.544	58.219	39:07.019	45.647	22:35.571	-
MEN 30 - 34													
1	64	EZRA	LEE	LEHI	UT	M 4	1:42:09.082	24:23.072	2:49.967	49:50.648	53.225	24:12.170	-
2	46	B.J.	HUMPHREYS	MERIDIAN	ID	M 7	1:57:37.731	25:58.004	5:42.025	54:18.777	50.770	30:48.155	-
MEN 35 - 39													
1	47	JASON	MAIN	BOISE	ID	M 8	2:21:28.471	26:46.874	5:22.136	1:04:35.104	3:31.959	41:12.398	-
MEN 40 - 44													
-	77	TROY	DONALDSON	EMMETT	ID	M 3	1:36:24.049	21:53.047	3:02.629	43:42.217	1:11.188	26:34.968	-
-	63	ROB	THIRY	BOISE	ID	M -	-	15:24.647	26:06.745	-	-	-	DNF
MEN 45 - 49													
1	67	STEVE	BIERMAN	MCCALL	ID	M 6	1:45:51.934	23:14.147	3:23.384	49:17.854	2:02.185	27:54.364	-
MEN 55 - 59													
-	78	MARK	JENSEN	MCCALL	ID	M 1	1:18:51.475	15:30.344	2:01.344	37:04.734	1:00.186	23:14.867	-
MEN 60 AND UP													
1	54	RANDALL	SMITH	MCCALL	ID	M 9	2:29:22.936	35:32.674	7:07.354	1:00:00.131	1:27.886	45:14.891	-

Individual Sprint

PL	Bib	Name	Location	Team	Gender/PL	Finish Time	Swim	T1	Bike	T2	Run	Penalty	
WOMEN 20 - 24													
-	41	JOHANNA	DEFOORT	MCCALL	ID	F 3	1:31:37.894	21:36.635	2:37.877	42:32.048	1:02.637	23:48.697	-
1	58	ALIXIA	BORET	DONNELLY	ID	F 8	1:47:42.474	23:20.905	1:59.801	57:21.482	34.294	24:25.992	-
WOMEN 25 - 29													
-	44	JUSTINE	EMGE	BOISE	ID	F 1	1:24:00.105	14:11.635	1:08.624	41:17.502	1:07.494	26:14.850	-
1	68	BETH	HALLEY	COLUMBUS	OH	F 10	1:54:21.776	23:35.850	2:54.535	54:06.637	1:56.248	31:48.506	-
2	43	MALIA	ELLINGFORD	DONNELLY	ID	F 12	2:01:26.354	29:23.349	6:45.738	55:42.169	57.053	28:38.045	-
WOMEN 30 - 34													
1	53	JENNIFER	SCHON	MCCALL	ID	F 6	1:37:51.650	22:04.609	2:49.103	46:28.346	53.950	25:35.642	-
WOMEN 35 - 39													
1	66	TERRI	MUCHA	MCCALL	ID	F 4	1:32:53.008	16:56.484	2:53.732	45:47.964	1:34.268	25:40.560	-
2	55	HEATHER	WHORLEY	BOISE	ID	F 13	2:09:20.709	29:28.854	4:14.200	1:00:12.929	2:52.516	32:32.210	-
3	40	NICHOLE	CROSSLEY	MCCALL	ID	F 14	2:25:07.115	38:12.253	4:34.122	1:06:04.773	56.004	35:19.963	-
WOMEN 40 - 44													
-	51	DANA	OWEN	BOISE	ID	F 2	1:29:12.511	18:00.125	59.265	41:55.412	1:07.296	27:10.413	-
1	45	HEATHER	GORONA	SACRAMENTO	CA	F 5	1:37:37.019	24:07.108	1:58.257	43:19.233	1:19.460	26:52.961	-
2	57	DEIRDRE	CONEEN	EAGLE	ID	F 7	1:39:59.669	21:25.922	1:46.096	50:21.242	1:04.263	25:22.146	-
3	42	KRISTIE	DONALDSON	EMMETT	ID	F 9	1:52:12.824	23:36.991	2:55.398	50:45.596	1:20.402	33:34.437	-
WOMEN 50 - 54													
-	52	LINDA	SCHLOMER	EMMETT	ID	F -	-	36:25.242	3:55.450	-	-	-	DNF
WOMEN 55 - 59													
1	50	LLONA	NEY CLAUSEN	MCCALL	ID	F 11	2:01:03.028	26:53.602	4:30.424	50:28.754	2:05.132	37:05.116	-

Full Results, 2010 Mountain Triathlon

Saturday, August 14, 2010

McCall, ID

Individual Olympic

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty	
1	20	Thomas	Liby	Boise	ID M 1	M35-39 -	2:13:58.747	21:23.411	22:56.967	1:13.799	1:07:19.079	2:42.507	57.543	43:04.915	6:56.002	-
2	5	Casey	Boren	Boise	ID M 2	M35-39 -	2:21:57.233	24:39.063	26:26.881	1:26.423	1:12:48.270	2:55.751	1:29.447	41:34.030	6:41.375	-
3	62	Joe	Tysoe	Beaverton	OR M 3	M35-39 -	2:22:14.821	31:13.666	33:30.249	1:17.709	1:11:15.855	2:52.033	50.624	37:36.967	6:03.224	-
4	2	Todd	Arndt	McCall	ID M 4	M35-39 1	2:29:59.207	30:11.052	32:23.070	2:34.142	1:16:47.849	3:05.390	55.580	39:30.584	6:21.509	-
5	4	paul	black	meridian	ID M 5	M40-44 1	2:30:02.586	26:22.833	28:18.215	1:45.121	1:16:04.992	3:03.666	50.617	44:59.023	7:14.366	-
6	76	Jan	Eitel	McCall	ID M 6	M30-34 1	2:30:21.682	38:33.876	41:22.548	2:38.731	1:12:35.661	2:55.244	1:01.828	35:31.586	5:43.046	-
7	29	Yadi	Spangenberg	Donnelly	ID F 1	F30-34 -	2:32:11.683	27:30.441	29:30.752	1:41.150	1:15:42.903	3:02.777	51.408	46:25.781	7:28.328	-
8	12	Amber	Fisher	Meridian	ID F 2	F35-39 -	2:33:27.068	29:47.145	31:57.421	1:21.995	1:16:46.404	3:05.332	52.001	44:39.523	7:11.227	-
9	59	Randy	Acker	McCall	ID M 7	M45-49 1	2:34:19.629	35:11.828	37:45.772	2:03.950	1:09:43.804	2:48.329	1:35.227	45:44.820	7:21.736	-
10	19	Chad	Krosschell	Meridian	ID M 8	M40-44 2	2:35:31.587	28:54.438	31:00.872	2:40.935	1:14:09.633	2:59.025	1:23.648	48:22.933	7:47.182	-
11	21	Kristina	Mitchell	Boise	ID F 3	F40-44 -	2:36:43.270	23:57.155	25:41.918	1:45.491	1:19:41.836	3:12.390	1:14.845	50:03.943	8:03.438	-
12	28	Jeff	Snyder	Boise	ID M 9	M45-49 2	2:37:32.632	27:54.040	29:56.071	1:41.661	1:14:00.385	2:58.653	1:36.881	52:19.665	8:25.280	-
13	6	Justine	Britten	Boise	ID F 4	F25-29 1	2:41:36.050	29:08.235	31:15.674	1:41.493	1:19:53.786	3:12.871	54.878	49:57.658	8:02.426	-
14	31	Mary	Williams	Meridian	ID F 5	F35-39 1	2:42:16.828	24:34.315	26:21.787	48.479	1:22:23.248	3:18.885	45.975	53:44.811	8:38.983	-
15	65	Kevin	Farney	Boise	ID M 10	M40-44 3	2:42:29.532	26:28.383	28:24.170	1:35.436	1:19:10.831	3:11.143	1:09.591	54:05.291	8:42.279	-
16	27	Sean	Rasmussen	Boise	ID M 11	M30-34 2	2:42:53.746	34:49.339	37:21.643	2:16.096	1:14:22.703	2:59.551	1:52.030	49:33.578	7:58.551	-
17	25	Brad	Page	Boise	ID M 12	M50-54 1	2:44:20.006	26:02.089	27:55.959	1:57.285	1:17:51.689	3:07.959	1:28.957	56:59.986	9:10.393	-
18	69	Graham	Pinard	McCall	ID M 13	M35-39 2	2:45:37.792	27:40.052	29:41.063	2:18.030	1:20:07.451	3:13.421	1:05.490	54:26.769	8:45.736	-
19	73	Julie	Welty	McCall	ID F 6	F40-44 1	2:47:14.506	30:46.171	33:00.749	2:25.198	1:17:45.153	3:07.696	1:25.293	54:52.691	8:49.907	-
20	72	Jason	Miller	McCall	ID M 14	M35-39 3	2:48:51.220	29:03.517	31:10.612	3:46.470	1:28:16.456	3:33.095	1:34.866	46:09.911	7:25.774	-
21	70	Ramona	Atherton	Mccall	ID F 7	F25-29 2	2:51:28.289	28:57.749	31:04.424	1:45.371	1:22:38.251	3:19.488	1:18.714	56:48.204	9:08.497	-
22	56	Zachary	Bruneel	Star	ID M 15	M35-39 4	2:52:13.100	28:48.092	30:54.063	2:26.132	1:25:57.998	3:27.525	1:04.849	53:56.029	8:40.788	-
23	26	Margaret	Pope	McCall	ID F 8	F16-19 1	2:55:08.479	32:07.305	34:27.798	2:37.925	1:26:04.108	3:27.771	1:06.009	53:13.132	8:33.885	-
24	15	Codi	Galloway	Boise	ID F 9	F30-34 1	2:56:33.050	28:22.316	30:26.408	2:07.255	1:24:17.105	3:23.466	1:51.502	59:54.872	9:38.539	-
25	10	Susan	Filler	Boise	ID F 10	F50-54 1	2:57:44.744	27:56.862	29:59.099	2:27.037	1:30:24.824	3:38.260	2:09.880	54:46.141	8:48.853	-
26	1	matt	Anthony	McCall	ID M 16	M30-34 3	2:58:47.215	34:41.891	37:13.653	2:09.250	1:20:27.803	3:14.240	1:01.550	1:00:26.721	9:43.664	-
27	23	brett	mumford	emmett	ID M 17	M40-44 4	3:02:57.477	31:09.000	33:25.243	1:00.577	1:34:55.727	3:49.160	1:32.524	54:19.649	8:44.590	-
28	32	Kelby	Wilson	Cottonwood	ID M 18	M20-24 1	3:05:10.246	39:10.295	42:01.622	3:24.289	1:30:50.606	3:39.298	54.151	50:50.905	8:10.996	-
29	17	jason	howell	meridian	ID M 19	M35-39 5	3:05:29.296	31:30.965	33:48.809	7:22.672	1:27:03.052	3:30.142	2:02.846	57:29.761	9:15.185	-
30	18	Laura	Karnes	Eagle	ID F 11	F40-44 2	3:11:26.159	36:03.243	38:40.935	3:31.851	1:31:32.682	3:40.990	1:40.810	58:37.573	9:26.099	-
31	71	Forrest	Behm	New Meadows	ID M 20	M35-39 6	3:13:57.639	37:16.810	39:59.865	3:41.535	1:34:11.700	3:47.388	1:44.507	57:03.087	9:10.892	-
32	24	Bob	OMelia	Boise	ID M 21	M40-44 5	3:16:14.705	28:42.101	30:47.635	2:33.404	1:34:32.202	3:48.213	1:53.303	1:08:33.695	11:02.035	-
33	7	Catharine	Chopp	Boise	ID F 12	F45-49 1	3:19:46.330	39:21.806	42:13.972	2:07.845	1:29:09.774	3:35.241	1:31.812	1:07:35.093	10:52.604	-
34	13	Helga	Gabrielli	McCall	ID F 13	F40-44 3	3:22:04.414	34:57.155	37:30.029	3:35.837	1:37:15.827	3:54.796	2:27.059	1:03:48.536	10:16.143	-
35	14	Otto	Gabrielli	McCall	ID M 22	M16-19 1	3:22:05.900	34:21.839	36:52.139	3:26.347	1:37:36.614	3:55.633	1:55.596	1:04:45.504	10:25.311	-
36	8	Risa	Engel	Atlanta	GA F 14	F40-44 4	3:25:20.029	32:07.498	34:28.005	7:52.720	1:37:59.971	3:56.572	3:11.805	1:04:08.035	10:19.281	-
-	3	Doak	Bailey	Eagle	ID M -	M45-49 -	2:33:58.351	24:45.482	26:33.768	3:53.183	1:19:51.533	3:12.781	1:46.863	43:41.290	7:01.856	DQ

Individual Sprint

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty	
1	78	Mark	Jensen	McCall	ID M 1	M55-59 -	1:18:51.475	15:30.344	16:38.162	2:01.344	37:04.734	1:29.509	1:00.186	23:14.867	3:44.482	-
2	48	Christian	Martineau	McCall	ID M 2	M20-24 -	1:20:51.000	17:24.544	18:40.687	58.219	39:07.019	1:34.429	45.647	22:35.571	3:38.158	-
3	44	justine	emge	boise	ID F 1	F25-29 -	1:24:00.105	14:11.635	15:13.716	1:08.624	41:17.502	1:39.679	1:07.494	26:14.850	4:13.448	-
4	51	Dana	Owen	Boise	ID F 2	F40-44 -	1:29:12.511	18:00.125	19:18.862	59.265	41:55.412	1:41.204	1:07.296	27:10.413	4:22.390	-
5	41	Johanna	Defoort	McCall	ID F 3	F20-24 -	1:31:37.894	21:36.635	23:11.155	2:37.877	42:32.048	1:42.678	1:02.637	23:48.697	3:49.926	-
6	66	Terri	Mucha	McCall	ID F 4	F35-39 1	1:32:53.008	16:56.484	18:10.582	2:53.732	45:47.964	1:50.560	1:34.268	25:40.560	4:07.929	-
7	77	Troy	Donaldson	Emmett	ID M 3	M40-44 -	1:36:24.049	21:53.047	23:28.763	3:02.629	43:42.217	1:45.501	1:11.188	26:34.968	4:16.685	-
8	45	Heather	Gorona	sacramento	CA F 5	F40-44 1	1:37:37.019	24:07.108	25:52.596	1:58.257	43:19.233	1:44.577	1:19.460	26:52.961	4:19.581	-
9	53	Jennifer	Schon	McCall	ID F 6	F30-34 1	1:37:51.650	22:04.609	23:41.168	2:49.103	46:28.346	1:52.185	53.950	25:35.642	4:07.138	-
10	57	Deirdre	Coneen	Eagle	ID F 7	F40-44 2	1:39:59.669	21:25.922	22:59.661	1:46.096	50:21.242	2:01.555	1:04.263	25:22.146	4:04.966	-
11	64	Ezra	Lee	Lehi	UT M 4	M30-34 1	1:42:09.082	24:23.072	26:09.724	2:49.967	49:50.648	2:00.325	53.225	24:12.170	3:53.704	-
12	49	colby	morley	mccall	ID M 5	M16-19 1	1:43:04.179	21:32.508	23:06.727	2:18.129	49:26.003	1:59.333	1:54.335	27:53.204	4:29.276	-
13	67	Steve	Bierman	McCall	ID M 6	M45-49 1	1:45:51.934	23:14.147	24:55.775	3:23.384	49:17.854	1:59.005	2:02.185	27:54.364	4:29.463	-
14	58	Alixia	Boret	Donnelly	ID F 8	F20-24 1	1:47:42.474	23:20.905	25:03.025	1:59.801	57:21.482	2:18.463	34.294	24:25.992	3:55.929	-
15	42	Kristie	Donaldson	Emmett	ID F 9	F40-44 3	1:52:12.824	23:36.991	25:20.284	2:55.398	50:45.596	2:02.535	1:20.402	33:34.437	5:24.192	-
16	68	Beth	Halley	Columbus	OH F 10	F25-29 1	1:54:21.776	23:35.850	25:19.060	2:54.535	54:06.637	2:10.624	1:56.248	31:48.506	5:07.144	-
17	46	B.J.	Humphreys	Meridian	ID M 7	M30-34 2	1:57:37.731	25:58.004	27:51.576	5:42.025	54:18.777	2:11.112	50.770	30:48.155	4:57.432	-
18	50	Llona	Ney Clausen	McCall	ID F 11	F55-59 1	2:01:03.028	26:53.602	28:51.227	4:30.424	50:28.754	2:01.858	2:05.132	37:05.116	5:58.098	-
19	43	Malia	Ellingford	Donnelly	ID F 12	F25-29 2	2:01:26.354	29:23.349	31:31.890	6:45.738	55:42.169	2:14.467	57.053	28:38.045	4:36.493	-
20	55	Heather	Whorley	Boise	ID F 13	F35-39 2	2:09:20.709	29:28.854	31:37.796	4:14.200	1:00:12.929	2:25.361	2:52.516	32:32.210	5:14.178	-
21	47	Jason	Main	Boise	ID M 8	M35-39 1	2:21:28.471	26:46.874	28:44.009	5:22.136	1:04:35.104	2:35.909	3:31.959	41:12.398	6:37.894	-
22	40	Nichole	Crossley	McCall	ID F 14	F35-39 3	2:25:07.115	38:12.253	40:59.349	4:34.122	1:06:04.773	2:39.517	56.004	35:19.963	5:41.175	-
23	54	Randall	Smith	McCall	ID M 9	M60+ 1	2:29:22.936	35:32.674	38:08.137	7:07.354	1:00:00.131	2:24.846	1:27.886	45:14.891	7:16.919	-
-	52	Linda	Schlomer	Emmett	ID F -	F50-54 -	-	36:25.242	39:04.537	3:55.450	-	-	-	-	-	DNF
-	63	Rob	Thiry	Boise	ID M -	M40-44 -	-	15:24.647	16:32.050	26:06.745	-	-	-	-	-	DNF

Team Olympic

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
1	36	Holland Hanson McMahan		M 1	Men 1	2:25:25.974	25:02.863	40:18.624	28.230	1:10:48.227	5:41.843	21.058	48:45.596	15:41.658	-
2	33	AAA Idaho		C 1	Co-ed 1	2:26:15.461	25:54.934	41:42.424	24.192	1:13:43.139	5:55.918	18.749	45:54.447	14:46.571	-
3	74	Wolf Dinnie		C 2	Co-ed 2	2:36:26.037	24:14.675	39:01.072	46.941	1:18:39.240	6:19.744	18.822	52:26.359	16:52.715	-
4	34	Bella Kitchen		M 2	Men 2	2:43:08.320	17:57.000	28:53.263	1:00.531	1:25:07.982	6:51.025	21.470	58:41.337	18:53.409	-
5	38	Pura Vida Ladies		F 1	Women 1	2:50:03.071	28:08.742	45:17.767	34.006	1:22:09.074	6:36.629	20.866	58:50.383	18:56.320	-
6	60	L M B		M 3	Men 3	2:55:50.764	35:27.841	57:04.428	45.893	1:30:16.367	7:15.840	15.467	49:05.197	15:47.967	-
7	39	SRS Pura Vida!		M 4	Men 4	2:56:52.688	37:40.427	:00:37.805	27.922	1:23:20.573	6:42.382	22.141	55:01.625	17:42.690	-
8	61	Anderson Klimko D'Antonio		C 3	Co-ed 3	3:01:40.563	35:14.621	56:43.153	33.323	1:26:14.684	6:56.392	21.240	59:16.695	19:04.789	-
9	75	Egnew Goodman Eld		F 2	Women 2	3:03:52.196	33:12.434	53:26.512	27.638	1:29:41.487	7:13.033	16.253	1:00:14.384	19:23.357	-
10	35	Club Buff Bods		F 3	Women 3	3:26:16.062	29:09.220	46:55.097	38.023	1:52:53.008	9:05.005	1:45.813	1:01:49.998	19:54.133	-
11	37	Million Dollar Babes		F 4	Women 4	3:29:17.839	43:12.840	:09:32.771	38.932	1:44:38.723	8:25.231	27.435	1:00:19.909	19:25.136	-

Full Results by Name, 2010 Mountain Triathlon

Saturday, August 14, 2010

McCall, ID

Individual Olympic

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
9	59	Randy Acker	McCall	ID M 7	M45-49 1	2:34:19.629	35:11.828	37:45.772	2:03.950	1:09:43.804	2:48.329	1:35.227	45:44.820	7:21.736	-
26	1	matt Anthony	McCall	ID M 16	M30-34 3	2:58:47.215	34:41.891	37:13.653	2:09.250	1:20:27.803	3:14.240	1:01.550	1:00:26.721	9:43.664	-
4	2	Todd Arndt	McCall	ID M 4	M35-39 1	2:29:59.207	30:11.052	32:23.070	2:34.142	1:16:47.849	3:05.390	55.580	39:30.584	6:21.509	-
21	70	Ramona Atherton	Mccall	ID F 7	F25-29 2	2:51:28.289	28:57.749	31:04.424	1:45.371	1:22:38.251	3:19.488	1:18.714	56:48.204	9:08.497	-
-	3	Doak Bailey	Eagle	ID M -	M45-49 -	2:33:58.351	24:45.482	26:33.768	3:53.183	1:19:51.533	3:12.781	1:46.863	43:41.290	7:01.856	DQ
31	71	Forrest Behm	New Meadows	ID M 20	M35-39 6	3:13:57.639	37:16.810	39:59.865	3:41.535	1:34:11.700	3:47.388	1:44.507	57:03.087	9:10.892	-
5	4	paul black	meridian	ID M 5	M40-44 1	2:30:02.586	26:22.833	28:18.215	1:45.121	1:16:04.992	3:03.666	50.617	44:59.023	7:14.366	-
2	5	Casey Boren	Boise	ID M 2	M35-39 -	2:21:57.233	24:39.063	26:26.881	1:26.423	1:12:48.270	2:55.751	1:29.447	41:34.030	6:41.375	-
13	6	Justine Britten	Boise	ID F 4	F25-29 1	2:41:36.050	29:08.235	31:15.674	1:41.493	1:19:53.786	3:12.871	54.878	49:57.658	8:02.426	-
22	56	Zachary Bruneel	Star	ID M 15	M35-39 4	2:52:13.100	28:48.092	30:54.063	2:26.132	1:25:57.998	3:27.525	1:04.849	53:56.029	8:40.788	-
33	7	Catharine Chopp	Boise	ID F 12	F45-49 1	3:19:46.330	39:21.806	42:13.972	2:07.845	1:29:09.774	3:35.241	1:31.812	1:07:35.093	10:52.604	-
6	76	Jan Eitel	McCall	ID M 6	M30-34 1	2:30:21.682	38:33.876	41:22.548	2:38.731	1:12:35.661	2:55.244	1:01.828	35:31.586	5:43.046	-
36	8	Risa Engel	Atlanta	GA F 14	F40-44 4	3:25:20.029	32:07.498	34:28.005	7:52.720	1:37:59.971	3:56.572	3:11.805	1:04:08.035	10:19.281	-
15	65	Kevin Farney	Boise	ID M 10	M40-44 3	2:42:29.532	26:28.383	28:24.170	1:35.436	1:19:10.831	3:11.143	1:09.591	54:05.291	8:42.279	-
25	10	Susan Filler	Boise	ID F 10	F50-54 1	2:57:44.744	27:56.862	29:59.099	2:27.037	1:30:24.824	3:38.260	2:09.880	54:46.141	8:48.853	-
8	12	Amber Fisher	Meridian	ID F 2	F35-39 -	2:33:27.068	29:47.145	31:57.421	1:21.995	1:16:46.404	3:05.332	52.001	44:39.523	7:11.227	-
34	13	Helga Gabrielli	McCall	ID F 13	F40-44 3	3:22:04.414	34:57.155	37:30.029	3:35.837	1:37:15.827	3:54.796	2:27.059	1:03:48.536	10:16.143	-
35	14	Otto Gabrielli	McCall	ID M 22	M16-19 1	3:22:05.900	34:21.839	36:52.139	3:26.347	1:37:36.614	3:55.633	1:55.596	1:04:45.504	10:25.311	-
24	15	Codi Galloway	Boise	ID F 9	F30-34 1	2:56:33.050	28:22.316	30:26.408	2:07.255	1:24:17.105	3:23.466	1:51.502	59:54.872	9:38.539	-
29	17	jason howell	meridian	ID M 19	M35-39 5	3:05:29.296	31:30.965	33:48.809	7:22.672	1:27:03.052	3:30.142	2:02.846	57:29.761	9:15.185	-
30	18	Laura Karnes	Eagle	ID F 11	F40-44 2	3:11:26.159	36:03.243	38:40.935	3:31.851	1:31:32.682	3:40.990	1:40.810	58:37.573	9:26.099	-
10	19	Chad Krossschell	Meridian	ID M 8	M40-44 2	2:35:31.587	28:54.438	31:00.872	2:40.935	1:14:09.633	2:59.025	1:23.648	48:22.933	7:47.182	-
1	20	Thomas Liby	Boise	ID M 1	M35-39 -	2:13:58.747	21:23.411	22:56.967	1:13.799	1:07:19.079	2:42.507	57.543	43:04.915	6:56.002	-
20	72	Jason Miller	McCall	ID M 14	M35-39 3	2:48:51.220	29:03.517	31:10.612	3:46.470	1:28:16.456	3:33.095	1:34.866	46:09.911	7:25.774	-
11	21	Kristina Mitchell	Boise	ID F 3	F40-44 -	2:36:43.270	23:57.155	25:41.918	1:45.491	1:19:41.836	3:12.390	1:14.845	50:03.943	8:03.438	-
27	23	brett mumford	emmett	ID M 17	M40-44 4	3:02:57.477	31:09.000	33:25.243	1:00.577	1:34:55.727	3:49.160	1:32.524	54:19.649	8:44.590	-
32	24	Bob OMelia	Boise	ID M 21	M40-44 5	3:16:14.705	28:42.101	30:47.635	2:33.404	1:34:32.202	3:48.213	1:53.303	1:08:33.695	11:02.035	-
17	25	Brad Page	Boise	ID M 12	M50-54 1	2:44:20.006	26:02.089	27:55.959	1:57.285	1:17:51.689	3:07.959	1:28.957	56:59.986	9:10.393	-
18	69	Graham Pinard	McCall	ID M 13	M35-39 2	2:45:37.792	27:40.052	29:41.063	2:18.030	1:20:07.451	3:13.421	1:05.490	54:26.769	8:45.736	-
23	26	Margaret Pope	McCall	ID F 8	F16-19 1	2:55:08.479	32:07.305	34:27.798	2:37.925	1:26:04.108	3:27.771	1:06.009	53:13.132	8:33.885	-
16	27	Sean Rasmussen	Boise	ID M 11	M30-34 2	2:42:53.746	34:49.339	37:21.643	2:16.096	1:14:22.703	2:59.551	1:52.030	49:33.578	7:58.551	-
12	28	Jeff Snyder	Boise	ID M 9	M45-49 2	2:37:32.632	27:54.040	29:56.071	1:41.661	1:14:00.385	2:58.653	1:36.881	52:19.665	8:25.280	-
7	29	Yadi Spangenberg	Donnelly	ID F 1	F30-34 -	2:32:11.683	27:30.441	29:30.752	1:41.150	1:15:42.903	3:02.777	51.408	46:25.781	7:28.328	-
3	62	Joe Tysoe	Beaverton	OR M 3	M35-39 -	2:22:14.821	31:13.666	33:30.249	1:17.709	1:11:15.855	2:52.033	50.624	37:36.967	6:03.224	-
19	73	Julie Welty	McCall	ID F 6	F40-44 1	2:47:14.506	30:46.171	33:00.749	2:25.198	1:17:45.153	3:07.696	1:25.293	54:52.691	8:49.907	-
14	31	Mary Williams	Meridian	ID F 5	F35-39 1	2:42:16.828	24:34.315	26:21.787	48.479	1:22:23.248	3:18.885	45.975	53:44.811	8:38.983	-
28	32	Kelby Wilson	Cottonwood	ID M 18	M20-24 1	3:05:10.246	39:10.295	42:01.622	3:24.289	1:30:50.606	3:39.298	54.151	50:50.905	8:10.996	-

Individual Sprint

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty	
13	67	Steve	Bierman	McCall	ID M 6	M45-49 1	1:45:51.934	23:14.147	24:55.775	3:23.384	49:17.854	1:59.005	2:02.185	27:54.364	4:29.463	-
14	58	Alixia	Boret	Donnelly	ID F 8	F20-24 1	1:47:42.474	23:20.905	25:03.025	1:59.801	57:21.482	2:18.463	34.294	24:25.992	3:55.929	-
10	57	Deirdre	Coneen	Eagle	ID F 7	F40-44 2	1:39:59.669	21:25.922	22:59.661	1:46.096	50:21.242	2:01.555	1:04.263	25:22.146	4:04.966	-
22	40	Nichole	Crossley	McCall	ID F 14	F35-39 3	2:25:07.115	38:12.253	40:59.349	4:34.122	1:06:04.773	2:39.517	56.004	35:19.963	5:41.175	-
5	41	Johanna	Defoort	McCall	ID F 3	F20-24 -	1:31:37.894	21:36.635	23:11.155	2:37.877	42:32.048	1:42.678	1:02.637	23:48.697	3:49.926	-
15	42	Kristie	Donaldson	Emmett	ID F 9	F40-44 3	1:52:12.824	23:36.991	25:20.284	2:55.398	50:45.596	2:02.535	1:20.402	33:34.437	5:24.192	-
7	77	Troy	Donaldson	Emmett	ID M 3	M40-44 -	1:36:24.049	21:53.047	23:28.763	3:02.629	43:42.217	1:45.501	1:11.188	26:34.968	4:16.685	-
19	43	Malia	Ellingford	Donnelly	ID F 12	F25-29 2	2:01:26.354	29:23.349	31:31.890	6:45.738	55:42.169	2:14.467	57.053	28:38.045	4:36.493	-
3	44	justine	emge	boise	ID F 1	F25-29 -	1:24:00.105	14:11.635	15:13.716	1:08.624	41:17.502	1:39.679	1:07.494	26:14.850	4:13.448	-
8	45	Heather	Gorona	sacramento	CA F 5	F40-44 1	1:37:37.019	24:07.108	25:52.596	1:58.257	43:19.233	1:44.577	1:19.460	26:52.961	4:19.581	-
16	68	Beth	Halley	Columbus	OH F 10	F25-29 1	1:54:21.776	23:35.850	25:19.060	2:54.535	54:06.637	2:10.624	1:56.248	31:48.506	5:07.144	-
17	46	B.J.	Humphreys	Meridian	ID M 7	M30-34 2	1:57:37.731	25:58.004	27:51.576	5:42.025	54:18.777	2:11.112	50.770	30:48.155	4:57.432	-
1	78	Mark	Jensen	McCall	ID M 1	M55-59 -	1:18:51.475	15:30.344	16:38.162	2:01.344	37:04.734	1:29.509	1:00.186	23:14.867	3:44.482	-
11	64	Ezra	Lee	Lehi	UT M 4	M30-34 1	1:42:09.082	24:23.072	26:09.724	2:49.967	49:50.648	2:00.325	53.225	24:12.170	3:53.704	-
21	47	Jason	Main	Boise	ID M 8	M35-39 1	2:21:28.471	26:46.874	28:44.009	5:22.136	1:04:35.104	2:35.909	3:31.959	41:12.398	6:37.894	-
2	48	Christian	Martineau	McCall	ID M 2	M20-24 -	1:20:51.000	17:24.544	18:40.687	58.219	39:07.019	1:34.429	45.647	22:35.571	3:38.158	-
12	49	colby	morley	mccall	ID M 5	M16-19 1	1:43:04.179	21:32.508	23:06.727	2:18.129	49:26.003	1:59.333	1:54.335	27:53.204	4:29.276	-
6	66	Terri	Mucha	McCall	ID F 4	F35-39 1	1:32:53.008	16:56.484	18:10.582	2:53.732	45:47.964	1:50.560	1:34.268	25:40.560	4:07.929	-
18	50	Llona	Ney Clausen	McCall	ID F 11	F55-59 1	2:01:03.028	26:53.602	28:51.227	4:30.424	50:28.754	2:01.858	2:05.132	37:05.116	5:58.098	-
4	51	Dana	Owen	Boise	ID F 2	F40-44 -	1:29:12.511	18:00.125	19:18.862	59.265	41:55.412	1:41.204	1:07.296	27:10.413	4:22.390	-
-	52	Linda	Schlomer	Emmett	ID F -	F50-54 -	-	36:25.242	39:04.537	3:55.450	-	-	-	-	-	DNF
9	53	Jennifer	Schon	McCall	ID F 6	F30-34 1	1:37:51.650	22:04.609	23:41.168	2:49.103	46:28.346	1:52.185	53.950	25:35.642	4:07.138	-
23	54	Randall	Smith	McCall	ID M 9	M60+ 1	2:29:22.936	35:32.674	38:08.137	7:07.354	1:00:00.131	2:24.846	1:27.886	45:14.891	7:16.919	-
-	63	Rob	Thiry	Boise	ID M -	M40-44 -	-	15:24.647	16:32.050	26:06.745	-	-	-	-	-	DNF
20	55	Heather	Whorley	Boise	ID F 13	F35-39 2	2:09:20.709	29:28.854	31:37.796	4:14.200	1:00:12.929	2:25.361	2:52.516	32:32.210	5:14.178	-

Team Olympic

Pl.	Bib	Name	Location	Gender/PL	Age Group/PL	Finish Time	Swim	Pace	T1	Bike	Pace	T2	Run	Pace	Penalty
2	33	AAA Idaho		C	1 Co-ed	1 2:26:15.461	25:54.934	41:42.424	24.192	1:13:43.139	5:55.918	18.749	45:54.447	14:46.571	-
8	61	Anderson Klimko D'Antonio		C	3 Co-ed	3 3:01:40.563	35:14.621	56:43.153	33.323	1:26:14.684	6:56.392	21.240	59:16.695	19:04.789	-
4	34	Bella Kitchen		M	2 Men	2 2:43:08.320	17:57.000	28:53.263	1:00.531	1:25:07.982	6:51.025	21.470	58:41.337	18:53.409	-
10	35	Club Buff Bods		F	3 Women	3 3:26:16.062	29:09.220	46:55.097	38.023	1:52:53.008	9:05.005	1:45.813	1:01:49.998	19:54.133	-
9	75	Egnew Goodman Eld		F	2 Women	2 3:03:52.196	33:12.434	53:26.512	27.638	1:29:41.487	7:13.033	16.253	1:00:14.384	19:23.357	-
1	36	Holland Hanson McMahan		M	1 Men	1 2:25:25.974	25:02.863	40:18.624	28.230	1:10:48.227	5:41.843	21.058	48:45.596	15:41.658	-
6	60	L M B		M	3 Men	3 2:55:50.764	35:27.841	57:04.428	45.893	1:30:16.367	7:15.840	15.467	49:05.197	15:47.967	-
11	37	Million Dollar Babes		F	4 Women	4 3:29:17.839	43:12.840	09:32.771	38.932	1:44:38.723	8:25.231	27.435	1:00:19.909	19:25.136	-
5	38	Pura Vida Ladies		F	1 Women	1 2:50:03.071	28:08.742	45:17.767	34.006	1:22:09.074	6:36.629	20.866	58:50.383	18:56.320	-
7	39	SRS Pura Vida!		M	4 Men	4 2:56:52.688	37:40.427	00:37.805	27.922	1:23:20.573	6:42.382	22.141	55:01.625	17:42.690	-
3	74	Wolf Dinnie		C	2 Co-ed	2 2:36:26.037	24:14.675	39:01.072	46.941	1:18:39.240	6:19.744	18.822	52:26.359	16:52.715	-